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SANIBEL & CAPTIVA ISLANDS, FLORIDA

FEBRUARY 25, 2022

FEBRUARY/MARCH SUNRISE/SUNSET: 25 6:56 • 6:27 26 6:55 • 6:27 27 6:54 • 6:28 28 6:53 • 6:29 1 6:52 • 6:29 2 6:51 • 6:30 3 6:50 • 6:30

Unique Creations At Shell Festival

submitted by Linda Friedrich

In addition to the amazing scientific and artistic competition exhibits soon to be on display at the Sanibel Shell Show during the 85th annual Sanibel Shell Festival, March 3 to 5, there will be two non-competitive exhibits sure to draw lots of attention because they are one-of-a-kind creations.

Ginny Dickinson, a local, self-taught artist is creating a six-foot-tall shell-covered piece, called *In My Heart of Hearts*. Constructed of fiberglass over a welded metal frame, Dickinson covered the huge heart with shells. The Sanibel Shell Show committee asked her to make a special piece for the show after seeing a shell-covered manatee she made for a Sanibel fundraiser last year, and since she loves shells, she designed a special heart.

Also sure to wow attendees is Todd Alan's Mermaid Crown. Alan, one of the finest wire-bending jewelry makers in the world, will once again be exhibiting



Ginny Dickinson in the early stages of creating her shell-adorned heart sculpture

photo provided

his beautiful Mermaid Crown. First seen at the 2020 shell show, it is made from 14-karat green gold and platinum, and

continued on page 12

Acclaimed Pianist Launches Season

Pianist John Nakamatsu launches the 35th anniversary season of the Sanibel Music Festival on Saturday, March 5 at 7:30 p.m. "Since winning the gold medal at the 1997 Van Cliburn International Piano Competition, Mr. Nakamatsu tours year-round with today's leading conductors and orchestras," said Sue Pick, Sanibel Music Festival board member and music committee chair. "In addition, he is artist in residence at the highly selective Chautauqua Piano Program. We are delighted to start our season next week with this prominent artist."

Tickets are on sale at www.sanibelmusicfestival.org; at Bank of the Islands on Sanibel, 1699 Periwinkle Way (check and cash only); by mail to Sanibel Music Festival, P.O. Box 1623, Sanibel, FL 33957; or by phone at 344-7025. Nakamatsu will perform at Sanibel Congregational United Church of Christ.

"The program will focus on Chopin and Schubert," said Pick. "Mr. Nakamatsu



Jon Nakamatsu

photo provided

is cited for "beautiful and varied tonal color" by the *Boston Musical Intelligencer*, applauded for "muscularity and grace" by *The New York Times*, and

continued on page 20



The latest tropical fashions on display at The Community, circa 1950

photos provided

Fashion Show With Cocktails

submitted by Tom Sharbaugh

After celebrating its 95th anniversary recently, it is "back to the future" for The Community House. On Thursday, March 16 The Community House will host Fashion & Fizz, a unique event presenting an entertaining review of fashion-forward trends in women's apparel, complemented by cocktails

and appetizers. It's an event sure to get everyone buzzing about fashion trends we can expect to see in the coming year. If you are looking for the perfect girls' night out, this could be it.

Local businesses showing their fashions include Blum Beauty Studio, Chico's, Coco y Cabana, Eileen Fisher, Her Sports Closet, J. McLaughlin, Nanny's, Priscilla's of Sanibel, Seaglass Lane and Whims. To be COVID conscious, there will not be a traditional runway this year. Each business will be represented by their owner or manager who will talk about the



Sanibel ladies gather to see the latest styles at the 2019 show

store's fashion trends for 2022, with two models representing their stylings. Special discounts and raffles will be available to attendees.

Cocktails fitting the occasion will be served. Choices will include the Fashion Fizz, Sweet Stiletto and Fashionista Cosmo. Hot and cold appetizers will be available at every table, and a dessert station will add the finishing touch.

This is not the first time The Community House has been the location for an island fashion show. As far back as the 1950s, ladies of Sanibel came

together every year to see the latest looks on runway. Fashion shows were also held in 2019 and 2020. However, this year's event is the first to bring together a creative pairing of fashions, cocktails and hors d'oeuvres.

Doors open at 5 p.m. and the festivities begin at 5:30 p.m. Tickets are \$45 for Sanibel Community Association members, \$50 for non-members or \$360 for a table of eight. Tickets can be purchased at The Community House, 2173 Periwinkle Way, by calling 472-2155 or online at www.sanibelcommunityhouse.net. ❖

Community House Calendar

The United Way "Fun" Raiser Day is taking place this Saturday, February 26 from 2 to 6 p.m. Show your skill at darts, coconut bowling, beer-free pong, card toss, cornhole or on the blind tricycle obstacle course. Prizes will be awarded in all age groups. For tickets, call 472-2155. Proceeds benefit United Way.

The 85th annual Sanibel Shell Festival returns to The Community House on Thursday, Friday and Saturday, March 3, 4 and 5. Hours are 9 a.m. to 4 p.m. There will be judged scientific and artistic division exhibitions, book signings with local authors, shell crafts and raffle prizes. A \$5 donation is requested to view the shell show inside; your donation includes a bag of local shells hand selected by members of the Sanibel-Captiva Shell Club. Masks are required inside. Shell Crafters will have tents set up outside featuring their works and many varieties of shells for sale.

There will be no classes held February 28 to March 6 due to the Shell Festival. Classes will resume on Monday, March 7.

Letting Loose with Watercolor classes with Anita Force Marshall are offered on Tuesdays from 9:30 to 11 a.m. The next class is scheduled for March 8. Subject is the flamingo. Cost per class is \$35 for members and \$40 for guests. Limit eight students per class. Register online at www.sanibelcommunityhouse.net or call 472-2155. Watercolor rental kits are



The Community House photo by Logan Hart available for \$10.

A CPR & First Aid Emergency Cardiovascular Care course will be taught by local firefighters on Tuesday, March 8 from 1 to 3 p.m. Cost is \$25 for certification. Register online at www.sanibelcommunityhouse.net or call 472-2155.

A Lowcountry Boil community social will be held on Tuesday, March 8 with indoor dining at 6 p.m. and takeout from 5 to 6 p.m. Cost is \$25 for members and \$30 for guests; dessert if \$5 extra. Reserve ahead at www.sanibelcommunityhouse.net or call 472-2155.

Oil Painting with Suzette is offered on select Mondays from 9:30 to 11:30 a.m. The class is scheduled for March 14. Subject is the blue crab. Cost per class is \$55 for members and \$65 for guests. All materials included. Register online at www.sanibelcommunityhouse.net or call 472-2155.

Kids in the Kitchen is offered on the first Monday of the month from 2:30 to 4:30 p.m. and every third Sunday from 1 to 3 p.m. Cost is \$30 per class. Reservations required.

Shell Crafters are on site every Monday from 9 a.m. to 1 p.m. A shell crafting class



The raw shell sales tent will be outside on the festival grounds during the Sanibel Shell Festival next week photo provided

is offered at 10 a.m. There is no charge to attend; supplies range from \$3 to \$5.

Aerobics with Mahnaz Bassiri is offered in two sessions on Monday, Wednesday and Friday; 9 to 10 a.m. and 10:30 to 11:30 a.m. Bring your own weights (optional). Cost per class is \$5 for members and \$10 for guests.

Line dancing is offered on Tuesdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

Social Bridge is in play on Tuesdays from 12:30 to 3 p.m. Cost is \$5.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring a

work in progress and your own supplies. Cost per class is \$10.

Chair stretching exercises with Mahnaz Bassiri are offered on Thursdays from 1 to 2 p.m. Cost per class is \$5 for members and \$10 for guests.

The Sanibel Hearts Club meets on Fridays at 1 p.m. Play the card game Hearts. For beginners to experts, all are welcome. Cost is \$5.

Sanibel-Captiva Art League is exhibiting works by artists Marcy Calkins and Stan Timson during the month of February. The exhibit can be viewed from 9 a.m. to 3 p.m. Monday through Friday or virtually at www.sanibelcommunityhouse.net.

The Community House is looking for sponsorships for Line Dancing classes taught by Marie DiRosa in the amount of \$200 per month and for Aerobics with Mahnaz Bassiri in the amount of \$1,500 (or a portion thereof for weekly classes offered). Contact Allison at office@sanibelcommunityhouse.net if you are interested in sponsoring either of these programs.

Shell Critter Kits to Go are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit; shipping is \$8 additional.

Art Kits to Go are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. Visit www.sanibelcommunityhouse.net or call 472-2155.✱

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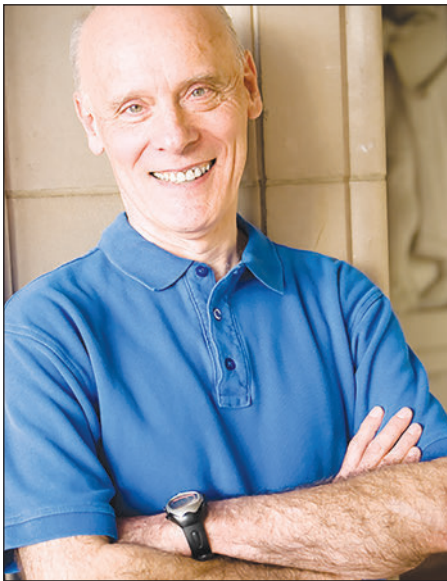
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Noted Guest For Christian Forum

Dr. Hugh Ross will be the guest speaker during the Sanibel Christian Forum at Sanibel Community Church on Sunday, March 6. He will speak first at 10:45 a.m. in the historic chapel on Science and the Bible; Friend or Foe, and then at 7 p.m. in the main sanctuary on The Global Climate Debate. There will be ample time for questions at each engagement.

Dr. Ross, an astrophysicist and Christian apologist, is the founder of Reasons to Believe (RTB). He has researched and developed evidence-based reasons to believe in Jesus Christ as Creator, Lord and Savior. These reasons help people trust Christ and equip Christians to engage with science-minded non-Christians. RTB has developed a biblical creation model that is testable and predictive.

Dr. Ross, who is in high demand as a speaker, is considered the world's expert on the relationship between science and the Bible, and how life on earth is possible due to the precision



Dr. Hugh Ross photo provided of measurable physical constants in the universe that cannot deviate.

Sanibel Community Church is a non-denominational church, located at 1740 Periwinkle Way. For more information, visit www.sanibelchurch.com or call 472-2684.✱

Girls Scouts Selling Cookies



Members of Girl Scout Daisy Troop 144 selling cookies at Bailey's photo provided

Girl Scout Daisy Troop 144 has been busy selling Girl Scout cookies all over Sanibel, including Bailey's General Store.✱

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Duke Sells with a snook

Captiva Island Historical Society

Looking Back: Fishing Guide

This week's image depicts fishing guide Duke Sells holding a large snook. This full color postcard, circa 1966, featured Sells, who led fishing charters out of 'Tween Waters.

The History Gallery, developed by the



photo courtesy Captiva Island Historical Society Archives

Captiva Island Historical Society, features many photos like this. All ages are welcome to step aboard a wooden replica of the old mailboat, *Santiva*, to capture the spirit of Captiva and learn through graphic and video panels about the events and people that shaped the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane, and open during library hours. Call 533-4890 for information.

Visit the website at www.captiva-island-historical-society.org/archives/research to view many more images to bring you closer to Captiva.✱

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services including Torah reading Friday 7 p.m. led by Rabbi Stephen Fuchs and Cantor Murray Simon. Services at Sanibel Congregational United Church of Christ in Fellowship Hall and on Zoom. Saturday morning classes at 9:45 a.m. on Zoom. Email batyamsanibel@gmail.com for links to services and information, 2050 Periwinkle Way.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Worship services every Sunday at 11 a.m., November 14, 2021 through April 24, 2022. Sunday services posted on the chapel's website, www.captivachapel.com and www.facebook.com/Captiva-Chapel-By-The-Sea. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 7:30 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, SCIENTIST

Services at the Christian Science Church of Sanibel-Captiva have resumed as follows: Sunday service at 10:30 a.m., Wednesday meeting at 4:30 p.m. Reading room open on Friday, 10 a.m. to noon. 2950 West Gulf Drive, 472-8684.

SANIBEL COMMUNITY CHURCH

Sunday services at 9 a.m. and 11 a.m. in the Sanctuary. View the Sunday services via livestream at 9 a.m. or later online at www.sanibelchurch.com. Sanibel Community Church is an evangelical, non-denominational congregation, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. Sunday Worship at 7:45, 9 and 11 a.m. www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed. Martin, Pastor. Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 a.m. and 10:30 a.m. www.saintisabel.org, 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Service schedule through April, Saturday at 5 p.m., Sunday at 8 a.m. and 10:30 a.m. The 10:30 a.m. Sunday service is also livestreamed at www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the third Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 847-309-3926. Email changes to press@islandsunnews.com or call 395-1213.✱

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www.ShopOnSanibel.com





The handpainted bags are on display at the service counter at Bailey's, where you can place your bid photos provided

Bidding Open For Painted Bags

Sanibel-Captiva Art League members were once again challenged to use Bailey's reusable grocery bags as their canvas to create original works of art for a silent auction. The painted bag promotion was coordinated by Jeannine Desmarais and benefits FISH of SanCap.

The bags are on display until March 7 at Bailey's and bids can be placed at the service counter.

A new addition to the program this year was the Fish for FISH auction,

where art league members painted wooden fish for auction under the direction of Donna Filomio, also benefiting FISH of SanCap. All 43 painted fish have been purchased, raising funds for the organization. "I am happy with the outcome and have big expectations for this fundraiser next year and in years to come," said Filomio. "The artists will begin their work on the next year's fish in March. I have aspirations for years to come."

Filomio noted, "I took pity on the plain looking fish and knew they had the potential to bring joy and nourishment to our local population of humans. They



Sanibel-Captiva Art League members with painted fish that were auctioned off to benefit FISH of SanCap

were transformed into works of art by the hands of our league artists. Truly, they became breathtakingly beautiful and were on display at Bailey's for about three weeks, where everyone admired them. When the tide turned, they swam to FISH of SanCap for adoption by their new owners. A new school of fish will arrive next year for their showing at Bailey's General Store."

Bailey's hosts the painted bag auction annually and has now added the new Fish for FISH auction. "It is our pleasure to host unique fundraisers on behalf of FISH. The SanCap Art League's painted Fish for FISH delighted customers and

helped us support one of our most necessary community nonprofits," said Richard Johnson, owner of Bailey's.

"We are so grateful to the SanCap Art League and their artists for using their talents to support our community each year. It's a beautiful tribute by our neighbors for our neighbors," said Maria Espinoza, executive director of FISH. "And, of course, we're grateful to Bailey's. They are an incredible community partner to FISH and hosting these auctions is just another in the long list of reasons we feel that way."

Bailey's is located at 2477 Periwinkle Way on Sanibel.✧

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✧ March 3 • **RICHARD WEISBERG**

Professor, University of Pittsburgh School of Law
"Anti-Semitism in Vichy controlled France"

✧ March 10 • **PETER GALBRAITH**

Ambassador, Advisor and Advocate
"Afghanistan: Why we lost? Who to blame? What next?"

✧ March 17 • **DR. PARVIS SADIGHI**

Cardio-vascular surgeon and Sanibel resident
"Purim holiday, Shushan and Persian Family Connections"

✧ March 24 • **RABBI MYRA SOIFER**

Emerita, Temple Sinai, Reno, Nevada
"Vashti: Purim Holiday's Other Woman"

✧ March 31 • **JOHN CASSINI**

Calusa Waterkeeper for Caloosahatchee River
"Water Quality in SWFL: Challenges and Opportunities"

To request to virtually join one or more of these free programs
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a welcoming, unaffiliated community created for the study and
celebration of our Jewish cultural heritage.

www.chavuratshalomofsouthwestflorida.org

Scouts Complete First Aid Training



Boy Scouts of Sanibel Troop 1740 with their leaders and Tim Barrett of Sanibel Fire Rescue, back right photo provided

Sanibel Fire Rescue Division Chief of Training Tim Barrett spent an evening with the Boy Scouts of Sanibel Troop 1740 recently. He worked with the scouts and their parents, covering an extensive list of training techniques ranging from CPR and proper use of an AED device, to first aid. Each scout received his training card and three of the scouts also completed the First Aid merit badge, one of the

mandatory badges for Eagle Scout rank. Barrett trains firefighters, administrative personnel and the community in all facets of emergency response. This includes fire suppression, emergency medical (advanced and basic), water rescue, confined space and hazardous materials. For more information about Scouting, contact Kim Kouril at 233-4180 or kouril3013@gmail.com.**

Attract Birds And Butterflies To Your Property

The City of Sanibel Vegetation Committee is offering guided native vegetation and landscaping tours of city hall grounds, planted exclusively with native plants. Tours are scheduled for: Saturday, February 26 Wednesday, March 9 and Saturday, March 26 Wednesday, April 13 and Saturday, April 23 Walk the grounds for ideas on planting native vegetation that requires

no fertilizer. See how you can plant a garden that reseeds itself with little maintenance, is good for the environment and will attract birds and butterflies. Vegetation committee members will provide information on proper planting and care of native vegetation. The City of Sanibel encourages planting of vegetation that is indigenous to the area as it requires little maintenance, no fertilizer and no supplemental irrigation. Registration is not required. Attendees meet at the main entrance to city hall, located at 800 Dunlop Road, in front of the main staircase. For more information, email san.dnr@mysanibel.com or call 472-3700.**



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- Feb. 25 Goopy Butter Cake
- Feb. 26 Pistachio Almond
- Feb. 27 Salted Caramel Pecan Pie
- Feb. 28 Andes Candy
- Mar. 1 King Cake
- Mar. 2 Muddy Mangroves
- Mar. 3 Buckeye

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OBITUARY

THOMAS HART LOOMIS

Thomas Hart Loomis was born in Hartford, Connecticut on February 23, 1939 to James Lee Loomis and Virginia Grace Loomis. He spent his early childhood years living in West Hartford and Bloomfield before the James Loomis family of six moved to rural Canton in 1950, remaining there for many years.



Tom's teenage years were full of adventures. He went into the egg business at age 16 with his brother, Pete, then 12. The pair bought 200-day-old chicks and then, encouraged by their mother, allowed their sister, Ginger, 8, to buy four. Two months later when four young chickens were found dead, Tom and Pete said they belonged to Ginger, which removed her as a partner in their enterprise. Once the hens started producing eggs, the two boys were soon spending many hours delivering their bounty. Of course, Tom managed to deliver to the houses where the young ladies were, while assigning Pete to the houses with mean dogs.

Tom loved animals. He captured a baby crow, tamed it and named it Crawford. The pet crow stayed with the family all summer and Tom had many fond memories of that crow finding black berries and stuffing them into the pockets of his usual white shirts (creating nasty laundry problems). The crow was not popular with Tom's parents as it kept pulling the clothes pins off the clothesline with predictable results. Crawford's "droppings" began accumulating in abundance on the roof and sometimes on the family car, which made Crawford unpopular with Tom's father.

After high school, Tom dabbled in many different occupations. He tried working in an office, but it didn't suit him. He traveled the country selling felt covered slate for pool tables, which was

fun but little money.

Eventually, Tom started working for a Connecticut company selling and servicing truck engine brakes, a job he liked. Think of Tom when you hear that loud engine "barking" sound as large tractor trailers slow down.

One career move changed Tom's life; he started a company in Connecticut making bows and arrows. Named Outdoor Sports, the company was doing well until a depression came along in the late '70s. The business started struggling so Tom had to make a quick pivot. Through a friend who worked in the Bureau of Indian Affairs, Tom sold the machinery and equipment of his company to the Lakota Sioux on the Pine Ridge Reservation. Part of the deal was that Tom went with the equipment to help set up the business and get it running.

Tom fell in love with South Dakota, the geography, the people, the quiet. He wanted to improve conditions on the reservation by providing gainful employment, so he worked hard to get the arrow factory up and running. Later, he turned the operation of the factory over to the tribe, and he happily remained in Martin, now forever.

Thomas loved life. He squeezed joy and gratitude out of every experience, much like he would squeeze the last remaining drops of juice from his favorite, a freshly picked ruby red grapefruit. His smile would light up a room. His laugh, or chuckle, was contagious. He left fun-filled memories behind as he traveled by car from Martin to all points of the compass, pursuing business opportunities or simply visiting family and friends. His arrival usually included a six pack, a Pizza Hut pizza and always a laugh. Hangovers often remained in the wake of his departure. He could party with the best of them.

His fun-loving antics gifted his large extended family and friends with memories, laughs and legend-worthy stories that will last for generations. His beloved "adopted" nephew, when asked about his favorite "Uncle Tommy" memory said, "it wasn't a memory; it was an experience."

His trusty steeds, always purchased from Bair Ford in Martin, ranged from a

Thunderbird with suicide doors, a Ford Fiesta ("great gas mileage!"), an old Blue Chevy, an Audi ("piece of crap!") and an F250 with a secret (and illegal) gas tank in the back (for when he truly found the cheapest gas). Tom knew where the best gas prices were from coast to coast, well before the Internet existed, and refused to pay more. He traveled with nothing but a small brown bag that had one fresh shirt, a pair of old white socks, a toothbrush, a razor, comb and occasionally some after shave. He carried cash.

Tom was a supportive friend, cousin, father and brother who would show up at the right time to help someone who was in pain from loss, divorce or heartache. He was there for you and always answered the phone. He could usually get you laughing and offer wisdoms fitting the situation. He also had a quiet reclusive side. As he aged and the world started going in a direction that didn't suit him, he retreated to his beloved little red farmhouse 11 miles east of Martin. It was forever his sanctuary. Over the years, he became "South D's" biggest one-man tourist office (at least to his large extended family) as he espoused its beauty, simplicity and bragged – truly believing – that he lived in the banana belt of the Midwest.

He believed in the riches of experiences and delivered those with abundance to his daughters, nieces, nephews and friends. From camping, fishing, rodeos and pow wows in South Dakota to safaris in Africa and fishing in New Zealand, he did it all. He enjoyed nothing more, however, than watching the sun set over the rolling South Dakota hills as he lounged in the hot tub on his deck, a martini in hand.

Tom was a giver. He wanted to see people succeed and empowered many of those around him in Martin or Florida to become businessmen and entrepreneurs. He freely gave of his money and advice when he saw an opportunity that would benefit those he cared about. Many have benefited from his insight. He often reminded friends facing a financial challenge, "If you have your health, you are the richest person in the world." He was right.

Later in life, his unequivocal convictions pushed him away from some

of his biggest fans but in the end, it all was rooted in his deep sense of caring.

Around age 70, when most people are starting to wind down, Tom hit his stride. He found and married Sharon, the love of his life, and adopted her three children. He had the pitter patter of little, and not so little, feet throughout the house. He cherished every moment. He enjoyed being "retired" but more often than not was found in "the Pit," a small tornado shelter that doubled as a basement. Here, he dabbled in day trading, sent out his infamous emails and who knows what else, all the while happily surrounded by photos, awards, letters and other memories which he had taped all over the walls. Few have the clarity of where they want to be for the rest of their lives. Tom Loomis knew how he wanted to live and where he wanted to die.

Thanks to the loving care provided by his wife Sharon and help by caring, thoughtful friends, Tom was able to live his final days exactly where he wanted to be. Tom died in Martin, South Dakota on a sunny day in February, 10 days before his 83rd birthday.

At the end of his life, when asked by his eldest daughter why he loved Martin so, he replied with tears in his eyes, "The people here, they are such good people." He had traveled the world but found no better place to be than here. He often said, "When a man dies, the world loses a library" and he was right.

He leaves behind wife, Sharon Loomis of Martin; his three siblings: Virginia Parker of Mount Dora, Florida; Pete Loomis of Monmouth, Illinois; and Jim Loomis of Maui, Hawaii; his children: Jennifer Loomis of Seattle, Washington; Elizabeth Loomis of Palm Springs, California; Christine Loomis of Rapid City, South Dakota; Sam Loomis of St. Louis, Missouri; and Aspen Loomis of Martin; grandson Morrison Hart Loomis-Jonas of Seattle, Washington; and countless nieces, nephews, cousins, friends, enemies and fans. He was preceded in death by his parents.

Graveside services were held on February 18 at the Martin Community Cemetery. In lieu of flowers, donations in his name may be made to JN "Ding" Darling National Wildlife Refuge on Sanibel. ✨

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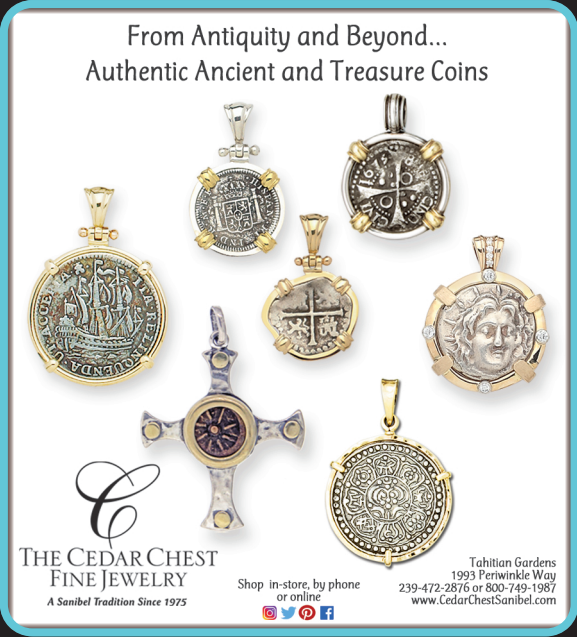
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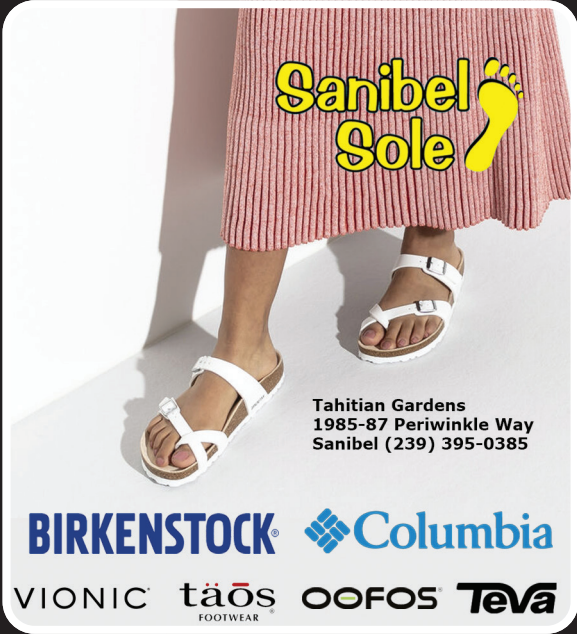
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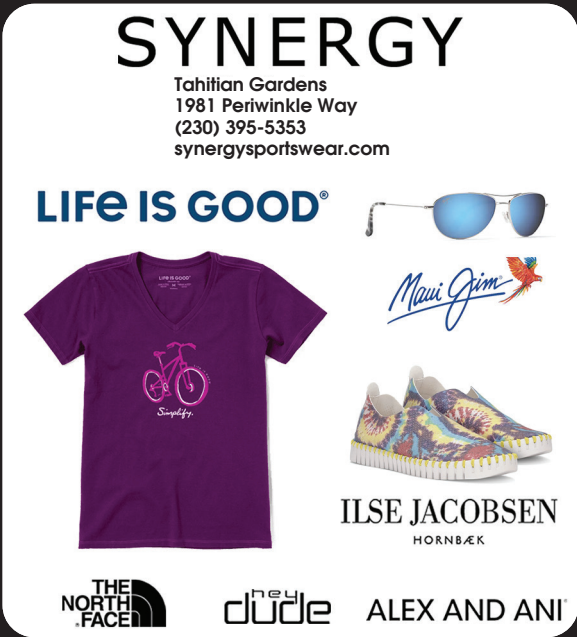


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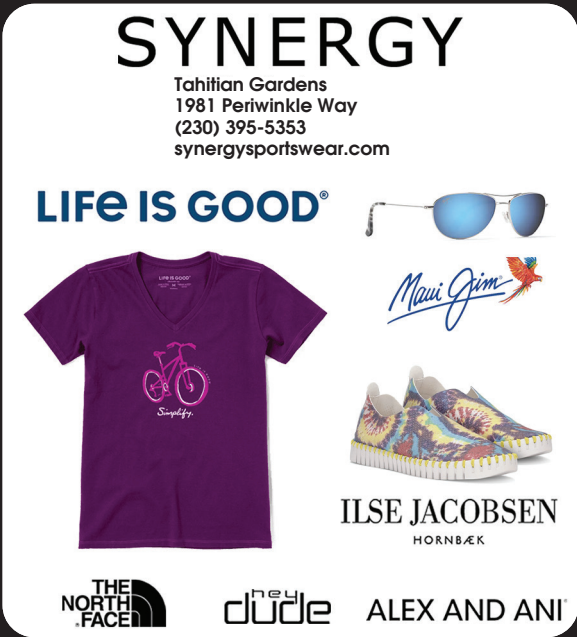
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OBITUARY

KAREN NELSON

Sanibel's Karen Nelson, 68, passed February 12, 2022 at Hope Hospice after a courageous battle with cancer. She was born in Nanuet, New York, the daughter of Lester Rusty Nelson, Jr. and Joanne Norris Nelson. She was a graduate of Nanuet High School.

Karen lived many years in New York City and loved all that it had to offer; the theater, the arts and the history. She then traded in city life for island life and moved to Sanibel, Florida. She continued to pursue her many passions including photography, reading, the arts and theater, nonstop quest of dreaming and learning, and her love of writing.

She loved her work as communications coordinator with Sanibel-Captiva Conservation Foundation (SCCF). Outside of SCCF, she pursued her interest in the Calusa by participating in archaeological digs, organizing CalusaFest and serving on the board of Southwest Florida Archaeological Society. She had a deep interest in the Calusa and spent many years studying, researching and speaking about them. She poured this passion into a novel, *Calusa Crossroads*, which the family hopes to publish and share.

Karen shared her love of the island in her writing talents through her position as a reporter for the *Sanibel-Captiva Islander* as well as guest speaker for the

Sanibel Historical Museum and Village.

Karen is survived by her brother, Scott Nelson, and his wife Colleen of Plattekill, New York, her aunt, Carolyn Graham of Sanibel, Florida, many cousins and her beloved cat, Duner. A celebration of life will be held at a later date.

"She will be truly missed and forever in our hearts."

Gifts in memory of Karen may be made to: SCCF, 3333 Sanibel-Captiva Rd., Sanibel, FL 33957 or SWFAS at <https://swflarchaeology.org>.✱

Captiva Chapel Lent Services

Captiva Chapel by the Sea will observe the season of Lent, 40 days not including Sundays, beginning with Ash on Wednesday, March 2. There will be a service at noon which will include Holy Communion and the imposition of ashes. Rev. Larry L. Marshall, pastor of the historic chapel, said, "For Christians all over the world, Lent is a time of self-reflection and renewal. It is an opportunity to approach the God who loves us unconditionally." All services will be held outside in the chapel courtyard.

The chapel will host a six-week bible study on Tuesday mornings beginning Tuesday, March 1. The study will be based on the book entitled *Downward Mobility, The Selfless Way of Christ* by Henri Nouwen. Contact Rev. Marshall at the chapel at 472-1646 if you would like

to take part.

There will be a meditative Taize service at noon on Wednesday, March 16 and again on World Day of Prayer at noon on Wednesday, March 30. The Taize service is a meditative service modeled after the religious community in Taize, France. The quiet, worshipful experience will include contemplation, prayer, communion and a lighting a candle for prayer intentions.

The annual meeting will be held on Sunday April 3 at 12:15 p.m. The meeting is open to everyone and gives a view of how Captiva Chapel by the Sea operates "In God's Time."

On Palm Sunday, April 10, the 11 a.m. service will commemorate the entrance of Jesus into Jerusalem. On Maundy or Holy Thursday, April 14, is a remembrance of Jesus' last supper with a service of Holy Communion at 5 p.m.

On April 15, Good Friday, the day that Jesus died will be commemorated with a service at noon.

On Easter Sunday, April 17, parishioners will gather at 11 a.m. to celebrate the resurrection of Jesus from the grave on the First Easter. There will be Easter music and the story of Jesus' resurrection will be read.

Sunday services are held at 11 a.m. from the second Sunday of November through the last Sunday in April. If you are unable to attend, you can watch Sunday services on the chapel website after 3 p.m.

Captiva Chapel by the Sea is located at 11580 Chapin Lane on Captiva. Visit www.captivachapel.com.✱

What's Happening
At The House

All classes
and activities
are canceled
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Mar. 6th for
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EACH DAY

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Ron Rich from MudBugs Cajun Kitchen with Sheila, created by Challen Rivera
photos provided

CHR Manatees Around Town

Manatee Madness 2.0, the signature fundraiser for Community Housing and Resources (CHR), is well under way. Local artists designed 24 manatee sculptures that will ultimately go up for bid to benefit CHR. The manatees are

on display at businesses throughout the islands. Take a selfie with the manatees and submit it to CHR via the SanibelCHR Instagram or Facebook for a chance to win a Manatee Madness 2.0 T-shirt. The Manatee Madness Auction and grand finale celebration will be held on Friday, April 1 at MudBugs Cajun Kitchen, located at 1473 Periwinkle Way on Sanibel. Community Housing and Resources



Molly Malone's Seafood at the Santiva General Store is home to Periwinkle, Queen of the Waterways, created by Jeff and Dale Ocasio
(CHR) is a 501(c)3 nonprofit organization with a mission to provide affordable housing for families and individuals who work on the islands or who serve the community. CHR owns 88 housing units at various locations on Sanibel, including 74 rental properties – one of which is a 12-unit complex just for senior residents – and 14 Limited Equity Ownership (LEO)



Local artists Anita and Bob Marshall created Curlye Ryder, on display at Adventures in Paradise Outfitters
homes through the Coast and Islands Community Land Trust. CHR received a land donation from Bailey's General Store which will allow for more homes to be built on the island. CHR is in the initial phase of its expansion campaign and will soon be able to help more island families. For more information, visit www.sanibelchr.org.



TWILIGHT TALK • MARCH 15 • 7 PM
"History of Tarpon Bay" | The Community House
Tickets are \$15 and may be purchased in advance or at the door. Guests are asked to wear masks during the presentation.

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MARCH EXHIBITS & EVENTS



The Sanibel Historical Village will present a quilt show. Some 40 quilts will be displayed throughout every building of the Village.

Quilt Show
March 1-31



Sanibel Historical Museum and Village

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March 2022


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New Exhibit On Mangroves At Shell Museum

Earlier this month, Bailey-Matthews National Shell Museum added a new mangrove exhibit to its Beyond Shells Living Gallery of aquariums. It is designed to facilitate an educational narrative of mangrove conservation and water quality that will be meaningful for local, visiting and school audiences.

Mangroves are tropical coastal shrubs and trees that can tolerate wave action, immersion in sea water and can thrive under a broad range of salt concentrations. Different species of mangroves are adapted to prosper in sand or mud with very low oxygen conditions. This exhibit presents a red mangrove that is typically found at the outer fringe of mangrove forests.

"This dynamic new exhibit takes the viewer inside a beautifully recreated red mangrove ecosystem, offering a close view of the importance of mangroves to the health and conservation of our coastal environments," said Sam Ankerson, executive director of Bailey-Matthews National Shell Museum.

Mangroves provide shelter and habitat to a diverse community of invertebrates and fish. Mollusks thrive in these ecosystems, from the muddy bottom around the trees to the roots, branches and trunk, and even under the mangrove tree's bark.

The mangrove exhibit will include



Mangrove exhibit photo provided

mollusks and fish that are typical to a red mangrove ecosystem, including marsh killifish, sheepshead killifish, sailfin mollies, bruised nassa snails, crown conch snails, banded tulips and true tulips. The mangrove will extend over a "viewing bubble" that will enable children to view the robust diversity of animals while standing on the inside of the exhibit.

Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. It is open daily from 10 a.m. to 5 p.m. For more information, visit www.shellmuseum.org or call 395-2233.✴

Plant Smart West Indian Meadowbeauty

by Gerri Reaves

In the wild, West Indian meadowbeauty (*Rhexia cubensis*) grows in wet prairies, flatwoods and meadows, as well as along roadsides. Showy pink flowers make it a good choice for a wildflower garden, where it will attract bees and small butterflies.

This long-lived perennial is found throughout the state and is one of 10 meadowbeauty species native to Florida. A member of the Melastome family, it grows up to two feet tall with erect stems that have tiny stiff hairs. The opposite leaves are narrowly elliptic, toothed, three-veined and up to three inches long.

The four-petaled flowers are up to two inches wide and have extended curving yellow anthers, the part of the stamen that produces pollen. This wildflower prefers full to partial sun in a moist spot. It has tuberous roots and will form colonies. It is



Native West Indian meadowbeauty attracts bees and butterflies photo by Gerri Reaves

not tolerant of salt water or spray. Propagate it with the seeds from the urn-shaped seed capsules or from cuttings.

Sources: *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, www.flawildflowers.org, www.fnps.org, and www.hawthornhillwildflowers.blogspot.com.

Plant Smart explores the diverse flora of South Florida.✴

From page 1 Shell Festival

encrusted with diamonds, sapphires, green tourmalines and gold encrusted shells – truly a crown fit for a mermaid princess.

The Sanibel Shell Show is the longest running shell show in the world and the most prestigious in the United States. This year, there will be over 600 linear feet of competitive exhibits in the show. That's more than the length of two football fields.

The Sanibel Shell Festival is a collaborative event sponsored by the Sanibel-Captiva Shell Club and the Sanibel Community Association. The shell show is sponsored by the shell club and is held inside The Community House, with a donation of \$5 requested for admission. Funds raised are given out in the form of grants toward education and research in the fields of conchology and malacology, as well as for conservation and water

quality projects, primarily in Southwest Florida. Since 1997, this has amounted to over \$381,000. Funds raised on The Community House grounds by the "Shelling Bees" and the Shell Crafters are used to maintain the building.

The outdoor festival grounds will offer a variety of activities including The Shell Tent where you can buy shells for as little as 25 cents from the Shelling Bees, the Shell Crafters' Tent where all sorts of artistic creations can be purchased, and the Live Tank where you can see live mollusks provided by Bailey-Matthews National Shell Museum and learn about them from sixth graders at The Sanibel School.

Masks are recommended on festival grounds and required when inside the building.

Festival hours are 9 a.m. to 4 p.m. each day. The Community House is located at 2173 Periwinkle Way. There is no charge for parking.✴

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Upcycle Fashion Show Returns



These trash-refashioned creations won prizes in the 2019 competition photo provided

In 2019, the “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) introduced Project Refuge: A Couture Fashion Show Using Trash as part of its celebration of the 75th anniversary and in support of the JN “Ding” Darling National Wildlife Refuge. This year, the society brings back the runway competition and luncheon for DDWS’ 40th anniversary on Thursday, March 31 from 11:30 a.m. to 2 p.m. It includes emcee fashion commentary by artist Rachel Pierce and a contest judging, along with lunch.

“It was such a huge success in raising not only refuge support, but also awareness about recycling and the threat of trash to our wildlife,” said Birgie Miller, DDWS executive director. “The fashion ensembles created from repurposed materials were out of this world.”

A limited number of tickets for the luncheon, to be held at The Community House, are on sale at www.tinyurl.com/prtickets. Tickets are \$150 each and available only by advance purchase online.

“We have 20 design teams registered to participate in the show,” said DDWS Development Officer April Boehnen, event organizer. “Expect creations fashioned out of everything from plastic bags to disposable face masks on the

‘trashion’ runway.”

“All profits will benefit the refuge’s education and water-quality research programs,” said Miller. “It’s a fun and entertaining way to make a difference while enjoying lunch with friends and like-minded conservationists. A special thanks to Project Refuge Committee chair Toni Ortweiler for helping lead this event.”

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For more information, visit www.dingdarlingsociety.org/articles/project-refuge. Call 472-1100 ext. 4 to become a sponsor or volunteer.✪



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LECTURES

Mar. 15: Diver and photographer LINDA IANNIELLO (pictured)

Apr. 6: News-Press visual journalist ANDREW WEST



CLASSES

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Mar. 17: Biodiversity and Taxonomy of Mollusks

Mar. 31: Drawing & Illustrating Shells

Apr. 13: Shell Morphology: Understanding Shell Descriptions



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Trout And Sheephead For The Win



by Capt.
Matt Mitchell

With water temps slowly rebounding to the magical 70-degree mark, anglers had a few more options this week than just trout and sheephead. Shiners

slowly began to reappear as conditions warmed up, making snook fishing a good choice during the hottest part of the day. Although this bite was never great, it felt good to have shiners and catch a few snook here and there after almost a month of using shrimp for bait.

During higher tides, the eastern side of the sound had lots of scattered redfish. Once located in clean, clear water, these fish jumped all over a shrimp or even shrimp chunk. After returning to these same areas during the windy days, we simply did not do as well. While targeting sheephead around the passes, clients also managed a few larger redfish while soaking baits around docks.

Flats fishing for trout continues to be the best bite and action. From Fosters Point on North Captiva all the way back to the power lines, every grass flat seems to be loaded with trout. Often these fish



Mike from Peoria, Illinois with one of many sheephead caught while fishing with Capt. Matt Mitchell this week photo provided

are on the small side of the 15-inch slot, though once you find the bigger ones, a limit has come easily. Fishing for these trout with a live shrimp under a popping cork at times means a bite every cast. Recently, I have been starting my day on the water targeting these fish and quickly getting all my clients on board before moving off to a species that's a little tougher to catch.

Learning not to set the hook and just reeling until the rod bends is the most effective way to catch these trout.

The sheephead bite was still strong this week even though fishing for them during warm days just does not feel right. Redfish and Captiva passes were the most productive. Getting the boat set just right to can keep the bait close to the pilings or structure was the difference between catching or not. Nuisance dolphins in these passes get very aggressive and will even grab a fish while it's hooked. One morning this week, we lost several giant sheephead right next to the boat before I could get them in the

landing net. Feeding dolphins is not only against the law but creates a problem for years to come.

All in all, it was a great week on the water with lots of trout and sheephead going home with happy clients. During these next few months of high season, most clients are more interested in taking home fish than they are in targeting our glamour species. Even though everyone likes a fresh fish dinner after a charter, it's extremely important to this resource to only take what you intend to eat even if the limit is higher.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✱

Top 10 Books On The Island

1. *Honor* by Thrity Umrigar
 2. *American Dirt* by Jeanine Cummins
 3. *The Sanatorium* by Sarah Pearse
 4. *Black Cake* by Charmaine Wilkerson
 5. *The Splendid and the Vile* by Erik Larson
 6. *Still Life* by Sarah Winman
 7. *To Paradise* by Hanya Yanagihara
 8. *The Authenticity Project* by Claire Pooley
 9. *Crossroads* by Jonathan Franzen
 10. *The Push* by Ashley Audrain
- Courtesy MacIntosh Books and Paper.✱

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Northern Raccoon



by Bob Petcher

The Northern raccoon (*Procyon lotor*) is a medium-sized carnivore with a black facial mask, grayish body and colored rings on a bushy tail.

At CROW, four infant northern raccoons were admitted from Cape Coral after their mother was trapped and removed from the location, leaving them orphaned.

“In most situations, people just don’t want raccoons around their residence,” said CROW Rehabilitation Manager Breanna Frankel. “What people don’t realize is there are other, more ethical, ways to relocate raccoons that don’t involve trapping them and potentially separating a family. You can easily buy raccoon deterrent off Amazon, which encourages mom to move her babies on her own instead of utilizing trappers.”

The patients were severely dehydrated, thin and their eyes were barely open, which is normal for their age, reported to be roughly 3 weeks old at admittance.

“There isn’t necessarily an ‘age’ where their eyes open,” explained CROW



Patients #22-453, 454, 455, 456 with “mash”-taches

photo by Haillie Mesics

Hospital Training Coordinator Becca Wehmeier.” Some raccoons come in and keep their eyes closed until 6 weeks old, some open their eyes as soon as 2 to 2 and half weeks old. It depends on the situation, and each situation is different.”

Veterinarians provided fluids and placed them under rehabilitative care.

“We have a room dedicated to infant through juvenile raccoons. They receive feeds based on their age and development, which may include milk feeds, “mash” and regular diets,” said Frankel. “At most, they may receive feeds from 6 a.m. to 10 p.m. every three hours

and, as they get older, they receive fewer and fewer feeds as they wean onto real food.”

At this time, the patients have started mash school in between liquid feeds.

“Mash school is where we take their base diet – puppy chow – and soak it in water. It becomes soft and is able to be mashed into an applesauce consistency. We may add banana or other soft fruit pieces to it,” said Frankel. “As their teeth begin to develop, they must start on soft foods in order to be able to swallow and digest it easily. They are put in a bathtub on a yoga mat, and we let them explore

the food, squish it in their paws, lap at it, and we will assist by putting small bits in their mouth so they get the taste of it. They transition onto it very quickly, and it encourages them to start becoming more independent.”

Due to their age and size, the patients will have to spend some time at the clinic.

“Our youngest raccoons stay at CROW through a certain juvenile stage, which takes approximately six months,” said Frankel. “These raccoons will likely be with us for a total of five to six months, depending when they reach certain developmental checkpoints. We release at a certain size only if they are capable of survival and uninterested in human companionship.”

Since there appeared to be an issue where the patients were found, there will be a change of address.

“They will likely be relocated to a better area so they are far away from humans and less likely to come into harm’s way again,” said Frankel. “There is a chance they will be combined with another group once they move outside, so we will release in an area that is fit to take that number of raccoons without upsetting the natural balance of that ecosystem.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

General admission is \$12 for adults, \$7 for ages 4 to 12, and no charge for ages 3 and under. General admission includes the daily presentation and no reservation is required. Hours are 10 a.m. to 4 p.m. Monday through Saturday. CROW is located at 3883 Sanibel-Captiva Road. Masks are required in the Visitor Education Center.

Wildlife Walk With Rehabilitators and Staff – Monday to Friday, 11 a.m. to 12:30 p.m. and 2 to 3:30 p.m., and Saturday, 11 a.m. to 12:30 p.m. Cost is \$25 and includes general admission.

This program is not recommended for children under the age of 13. Advance registration is required. Tours are subject to modification and cancellation based on patients recovering in the hospital. To register, call 472-3644 ext. 229 or email reservations@crowclinic.org. Payment is required to complete reservation.

Daily Presentation Schedule

Thursday, February 24, 11 a.m., Owls of Southwest Florida – Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation



discusses the unique adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Thursday, February 24, 2 p.m., Patient Profiles: Wading Birds – Originally hunted for their plumage, many wading bird populations saw a great decline, but have made recoveries. Learn about the many native species and their hunting styles. One of CROW's animal ambassadors will be present.

Friday, February 25, 11 a.m., Baby Care at CROW – Juveniles found "abandoned" might actually be in a natural stage of development. Those needing assistance are placed in a specialized wing of the hospital and provided care around the clock until they are old enough to care for themselves.

Friday, February 25, 2 p.m., Patient Profiles: Sea Turtles – CROW is the only licensed sea turtle facility in between Sarasota and Marathon. From boat strikes to washback hatchlings, one of CROW's team members explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Saturday, February 26, 11 a.m., Triage and Surgery – Several times each

day, new patients arrive at the CROW wildlife hospital. This talk will discuss all that goes on when assessing new patients.

Monday, February 28, 11 a.m., Patient Profiles: Virginia Opossums – Virginia opossums are highly adaptable animals and can live in a variety of habitats, both natural and human made. Opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Monday, February 28, 2 p.m., Pollination – Animals play an important role as pollinators and are responsible for the production of most fruits and vegetables. This presentation will cover the partnership between plant and pollinator as well as the most important animal pollinators and the flowers they visit. One of CROW's animal ambassadors will be present.

Tuesday, March 1, 11 a.m., Patient Profiles: Vultures – Take an overall look at vultures and their contributions to the environment, learn about their positive role in human and wildlife health, and what you can do to help their conservation efforts. One of CROW's animal ambassadors will be present.

Tuesday, March 1, 2 p.m., Species Profile: American Alligators – The American alligator was once on the road to extinction. With the help of conservation efforts, alligators have made a comeback. This program discusses

how this iconic species contributes to the overall health of Florida's ecosystems and economy. One of CROW's animal ambassadors will be present.

Tuesday, March 1, 4:15 p.m., Speaker Series: How to Build an Owl Box (in person and virtual via Zoom) presented by Tim Thompson, volunteer at CROW and the Conservancy of Southwest Florida. Visit www.crowclinic.org/articles/2022-speaker-series.

Wednesday, March 2, 11 a.m., Wildlife Rescue 101 – Whether deterring visitors from feeding birds on the beach or detaching a pelican from fishing line in the mangroves, this program will cover wildlife rescue assessment as well as handling techniques. One of CROW's animal ambassadors will be present.

Wednesday, March 2, 2 a.m., Patient Profiles: Virginia Opossums. One of CROW's animal ambassadors will be present.

Thursday, March 3, 11 a.m., Patient Profiles: Birds of Prey – This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.

Thursday, March 3, 2 p.m., Snakes of Southwest Florida – Florida is home to 46 species of native snakes, only six of which are venomous. Most species are harmless to humans and form vital links in the ecosystem. Snakes are efficient at monitoring pest populations without relying on chemical pesticides. One of CROW's animal ambassadors will be present.✱

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Shell Of The Week

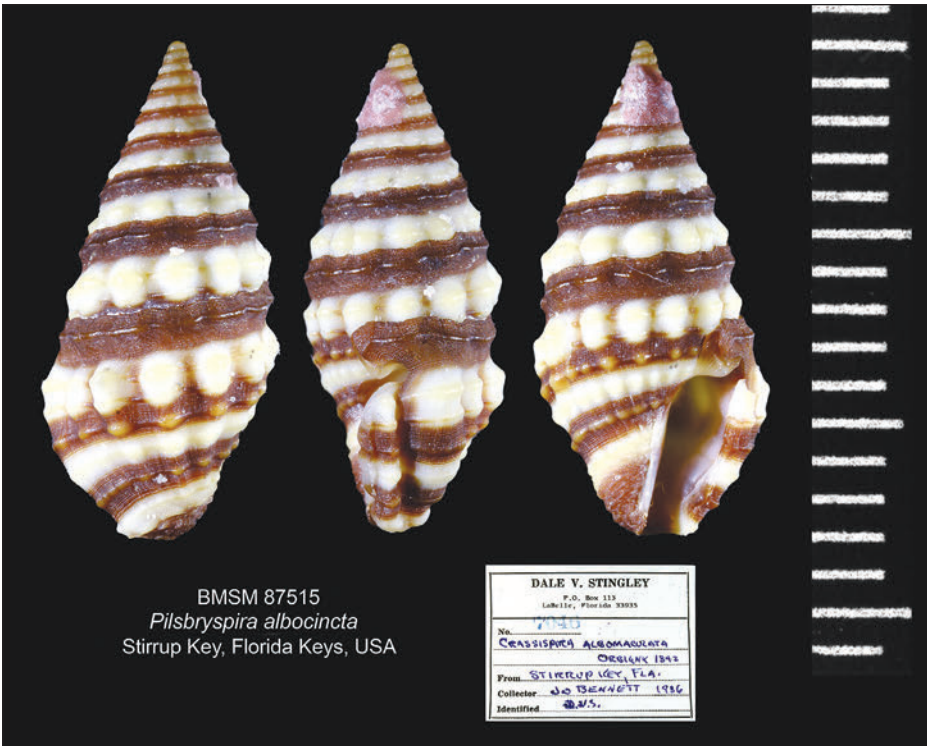
The White-Band Drillia



by José H. Leal,
PhD, Science
Director and
Curator

The White-band Drillia *Pilsbryspira albocincta* (CB Adams, 1845), is a small marine snail of the family

Pseudomelatomidae. The shell in the photos measures about 13 mm (about 0.5 inch) in height. The sculpture is typical, with alternating rows of white and brown diamond-shaped knobs. This nice-looking shell has a little history: It was originally part of the great Dale Stingley Collection and was collected by Jo Bennett at Stirrup Key, a peninsula that juts out north off Marathon in the Florida Keys. In the 1970s and 1980s, Jo and husband Rusty owned a resort in Marathon that was often used by shellers during visits to the Keys. The Bennetts moved to Fort Myers in the 1990s and joined the group of collection volunteers shortly after the museum opened to the public in 1995. Read more about mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog



The White-band Drillia, *Pilsbryspira albocincta*, from Stirrup Key, Florida Keys

photo by José H. Leal

[museum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell Museum is open daily from 10 a.m. to 5 p.m., located at 3075

Sanibel-Captiva Road. To make a secure donation, visit www.sanibelmuseum.org. For more information, call 395-2233.✪

Read us online at www.IslandSunNews.com

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken from noon to 8 p.m. this Sunday, February 27. Residents and visitors are welcome.



On Tuesdays, tacos are served all day. Steak and cheesesteak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m. Sunday specials are served from noon to 8 p.m.

The first Thursday of the month is Open Mic Night from 6 to 9 p.m. Locals and visitors are invited to take the mic and entertain the crowd.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. Two tables are in play. Come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome.

Post 123 is a non-smoking facility with an outside area for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday, 11 a.m. to 9 p.m., and Sunday, noon to 9 p.m. For more information, call 472-9979.✪



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Fish Caught



Jack Smith photo provided
Jack Smith caught a 34-inch snook while fishing inshore on Sanibel. It was one of 10 snook caught and released during the trip.✱

Pianist

called “meticulous” by *The Washington Post*. We anticipate a stunning performance.”

The program will begin with Chopin: *Impromptu in A-flat Major, Op. 29* and *Impromptu in G-flat Major, Op. 51*, followed by Schubert: *Four Impromptus, Op. 90*. The concert will conclude with three pieces from Chopin: *Fantasy in F minor, Op. 49*, *Nocturne in B Major, Op. 9, No. 3*, and *Scherzo in E Major, Op. 54*. Island residents Janet and Joseph Davie, and Gene and Lee Seidler are sponsors.

During the month of March, Sanibel Music Festival features seven ensembles at evening concerts at 7:30 p.m. plus one matinee at 2 p.m. This signature series is followed by two Emerging Artist Series concerts featuring the popular FGCU Bower School of music chamber ensembles on Tuesday, March 29 and Tuesday, April 5 at 11 a.m.

The 2022 season includes American Chamber Players Piano Trio plus Flute on Tuesday, March 8, programmed by Miles Hoffman, founder and artistic director, and longtime NPR music commentator. Hoffman’s programs are

lauded for a unique mix of instrumental combinations. The acclaimed Boston Trio performs on Saturday, March 12, featuring the trio’s founding member pianist Heng-Jin Park, the noted Boston Symphony soloist cellist Jonah Ellsworth, and violinist Grace Park, winner of the 2018 Naumberg International Violin competition.

Members of the Juilliard String Quartet will perform on Tuesday, March 15 with guest pianist Anna Polansky. Polansky has been included for this concert following the January death of the quartet’s violist, Roger Topping. On Saturday, March 19, Ken Broberg, silver medalist at the Fifteenth Van Cliburn International Piano Competition, and 2021 American Pianists Awards first prize winner, performs.

Opera Theater of Connecticut returns on Tuesday, March 22 by popular demand with Singing Andrew Lloyd Webber – Superstar of Song and Stage. Performances at 2 and 7:30 p.m. will include hits from *Jesus Christ Superstar*, *Cats*, *Evita*, and *The Phantom of the Opera*, punctuated by commentary from Artistic Director Alan Mann, noted speaker and opera historian.

The acclaimed Emerson String Quartet performs on Saturday, March 26. The quartet’s unparalleled list of achievements spanning four decades includes more than 30 renowned recordings, nine Grammys (including two for the Best Classical Album), three Gramophone awards, the Avery Fisher

Prize, and Musical America’s Ensemble of the Year. The quartet was inducted into the Classical Music Hall of Fame in 2010. In 2015, the Emerson received the Richard J. Bogomolny National Service Award, the highest award in classical chamber music.

The season concludes with two Emerging Artist Series concerts featuring the Bower School of Music string ensembles under the direction of Dr. Kyle Szabo. “These polished student musicians are developing a following on the islands,” said Gloria Garrett, music festival board member. “The series received enthusiastic reviews when introduced in 2021. The concerts promise energy and surprises, including solo performances by Glen Basham, concertmaster of the Naples Philharmonic and Dr. Kyle Szabo, head of strings studies and orchestra director at FGCU.”

Multiple discount packages are available and student tickets are half price. Emerging Artist Series concerts are performed for free-will donations on the festival website or at the concert. Pre-register to assure seating at www.sanibelmusicfestival.org. All concerts will take place at Sanibel Congregational United Church of Christ, located at 2050 Periwinkle Way, across from Periwinkle Place.✱

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Seaside mahoe (non-native)
photos courtesy City of Sanibel

City Of Sanibel Vegetation Committee

Choose Wisely, Plant Native

Before starting a landscaping project, consider choosing native plants that are self-sustaining to their environment, provide food and shelter for wildlife, grow naturally and flourish without extra maintenance, and require no fertilizer.

Almost one third of plants growing wild in Florida are not native. Some non-natives have been introduced and grow rapidly, outcompeting and displacing native plants, and disrupting native plant communities. Many are typically difficult to eradicate and may eliminate or alter habitat for wildlife.

Contrast the seaside mahoe (*Thespesia populnea*) with the sea grape (*Coccoloba uvifera*). The former outcompetes other trees and grasses that stabilize beachfront areas. The sea grape, a native, is hardy, provides great bird habitat, has edible fruit and the leaves provide a natural mulch.

Another example is the Mexican petunia (*Ruellia brittonia*). Like seaside mahoe, Mexican petunia has been designated an invasive exotic species by the Florida Exotic Pest Plant Council. It has invaded nine states, is not used by butterflies, has a rampant root system and actually sprays its seed, which can persist in the soil for years.

Make the switch to another native petunia, the wild petunia (*Ruellia caroliniana*), which is hardy in sun or shade and is a host plant for malachite and buckeye butterflies, with the same blue color. Another good choice would be blue porterweed (*Stachytarpheta jamaicensis*), a hardy shrubby ground cover that grows in shade or sun and is a butterfly nectar plant.

When in doubt about your choices, consult the following websites or a local native plant nursery where knowledgeable staff will either make a visit to your property or discuss good choices with you at the nursery.

Visit www.fleppc.org for the Florida Exotic Pest Plant Council list of invasive plant species.

The City of Sanibel Vegetation Committee hosts free plant walks from November through April at city hall to view and discuss the use of native plants. All are welcome.

To view pictures of the invasive exotic plants "worst of the worst" or the city's *The Alien Invasion* brochure, visit www.mysanibel.com/Departments/



Sea grape (native)



Mexican petunia (non-native)



Wild petunia (native)



Blue porterweed (native)

Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation or contact the city's natural resources department at 472-3700.*

Bird Walks With Audubon Society

The Sanibel-Captiva Audubon Society is offering bird walks this season. All walks begin at 8 a.m.

The season schedule is:

February 26, JN "Ding" Darling National Wildlife Refuge

March 5, Harn's Marsh

March 12, JN "Ding" Darling National Wildlife Refuge

March 19, Bailey Tract

March 26, JN "Ding" Darling National Wildlife Refuge

April 2, Lakes Park

April 9, Lighthouse Beach Park

Visit www.san-capaudubon.org for more information, including directions.*



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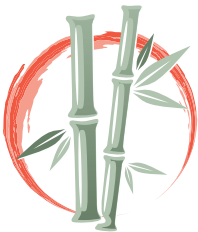
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A Perfect Pairing: Military Veterans And Shelter Dogs



by Allison
Havill Todd

As many as 20 percent of returning military veterans suffer from some form of post-traumatic stress disorder (PTSD), making it difficult for them

to transition back to civilian life after finishing their combat duties. At the same time, according to the ASPCA, over six million animals enter shelters each year with more than 1.5 million being euthanized due to overcrowding. However, one organization is making a difference in the lives of both of these deserving human and canine beings. Thanks to the vision of Clarissa Black, founder and executive director of Pets for Vets, a program is in place that matches unwanted shelter dogs with veterans who are struggling with emotional or physical scars that prevent them from leading a normal life.

Pets for Vets was founded in 2008 and has successfully matched over 600 veterans with a shelter dog companion, changing the lives of both for the



Veteran Barry and his buddy Bongo
photo courtesy Pets for Vets

better. The organization receives over 700 applications a year from veterans struggling with depression, loneliness, isolation and anxiety. Through a careful selection process, Pets for Vets meets with each veteran entering the program to determine their individual needs while also carefully evaluating shelter dog candidates to understand their temperament, energy level and unique personalities. Jean Rodzinka, communications manager and a trainer for Pets for Vets, shared that “We are not looking for a specific breed but are focused on identifying animals that are

seeking human connection and learning more about them so we can facilitate an ideal match.” The organization’s credentialed trainers are specialized in animal behavior and selection, and have worked with every size of dog using only positive reinforcement methods to guide them in transitioning from a stressful shelter environment into the home of their new lifelong companion. Pets for Vets offers a bridge that allows a veteran and a shelter dog to form an unbreakable bond. There is a special kinship that forms between the two when they come together in a way that provides mutual healing, protection and companionship.

This special connection is a win-win-win solution: The veteran and the homeless animal each gain a new best friend that boosts his confidence, helps him feel safe and eases loneliness, while the shelter is able to free up space knowing they have placed a deserving animal into a new home where it will be treasured. They each essentially gain a second chance in life. As one veteran in the program shared after witnessing a neglected shelter dog gain a new lease on life, “If they can heal, we can heal.”

Pets for Vets is a nonprofit organization, with over 15 chapters throughout the United States, that relies solely on funding from private donors, fundraisers and grants. Rodzinka estimated that it costs at least \$5,000 per animal to prepare and train them before introducing them to their new human companion. Others may cost as much as \$10,000 to cover medical expenses that may be needed before they are matched with a veteran. Pets for Vets covers all costs associated with the process prior to placing the animal in its new forever home and provides ongoing support and guidance for the life of the animal. The organization is dedicated to continuing to provide assistance for our military veterans and homes for the countless dogs that end up in animal shelters.

Though this effort takes a large amount of patience, dedication and funding, the transformation of veterans

who have received the benefit of a devoted dog buddy is nothing short of miraculous. The website is filled with heartwarming testimonials from veterans who may have previously had thoughts of suicide before their lives were changed by sharing a unique bond with their own specially selected shelter dog. The unconditional love and loyalty that a devoted canine companion provides to his owner/veteran is priceless!

To find out more about the program, visit www.petsforvets.com, where you will learn how to submit an application if you are a veteran suffering from PTSD. There is also an ongoing need for donations, volunteers, qualified trainers and those willing to foster a shelter dog while it is going through its training period.

Allison Havill Todd lives on Sanibel Island with her husband and two rescue dogs. She is an avid dog lover, business coach and active outdoor enthusiast. When she’s not out with her dogs, you will see her running, cycling, paddling around the island. Follow her on @thedoggiemom and facebook.com/thedoggiemom.✧

Poetry Corner

by Malcolm L. Moore

Sanibel

Sanibel by the sea,
What a wonderful place to be;
The sky is blue and the wind is soft
Gulls and Pelicans floating aloft;
Dolphins frolicking near the beach,
Teasing us just out of reach;
Now as the day draws to a close,
I noodle the warm sand under my toes;
The silent sun sinks slowly into the silver sea,
The end of another God-sent day for Sanibel and me.

Malcolm L. Moore wrote this poem several years ago when inspired by the beauty of the sunset out over the gulf on the west side of Sanibel Island.✧

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From left, Mary Jane Vinson, Tom Libonate, Ginny Reiss, Jenny Rando (with Rosie), Bob Rando, Brad Junghans and Capt. Brian Holaway
photos by Kathy Kurtz Ferrari

What's 'Cap'-enning

A Glance At Captiva Events

by Kathy Kurtz Ferrari

Being such a tight-knit community, Captiva organizations really rely on each other throughout the year. Captiva Island Historical Society recently held its last outdoor cinema drive-in movie in the parking lot of McCarthy's Marina. To thank owners of the marina, historical society board members Tom Libonate, Mary Jane Vinson, Ginny Reiss and Capt. Brian Holaway presented an original oil painting to Jenny and Bob Rando and Brad Junghans, who also own Captiva Cruises. The painting by artist Douglas David features the *Lady Chadwick*, the cruise company's flagship. David was the featured artist for the past month for Captiva Civic Association (CCA). The CCA receives a portion of proceeds from art shows throughout the



From left, CCA Executive Director Emily Hess Ankerson, Paul Arsenault and art committee members Molly Barbee, Pam Rosen and Rita Ewell

season, so all three organizations benefited from that cooperation.

The CCA welcomed the season's next featured artist, Paul Arsenault, with a well-attended reception on February 17. His show, *Shorelines... Paintings and Stories of Captiva and Island Neighbors*, splashes aquatic hues of local island scenes on the walls of the Captiva Civic Center. Those attending the opening reception enjoyed meeting Arsenault and his wife, Eileen, while keyboardist Dan Confrey entertained with pleasant background tunes.

Arsenault, who lives in Naples, will return on Thursday, March 3 to share the stories behind his paintings, capturing renditions of familiar destinations like Blind Pass, The Island Store, The Bubble Room, Sanibel Lighthouse, causeway beach and other barrier island landmarks. A portion of proceeds from this show, to be displayed through April 18, will be donated by Arsenault to Sanibel-Captiva Conservation Foundation.

So what did we learn today? Sharing is caring... or something like that! And that's "What's Cap-enning" on



From left, Carol Ruot, Jean Bennette and Laura Nelson (holding Sage)



From left, Suzy Stewart and Carl Ordemann with Paul Arsenault

Captiva this week!

*Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. Email Kathy.islandsunnews@gmail.com.**



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The Community House

The Basics Of Wine Tasting



by Chef John Wolff

“In 2012, a documentary film came out about the process that sommeliers, the professionals who run restaurants’ wine programs, must go through to reach the highest, most prized level of their profession: To be crowned a Master Sommelier.” – *The Court of Master Sommeliers Course*

“With the suspense of a thriller, audiences were drawn into the world of the ‘Somm,’ and it quickly became the superstar position of the wine world. That film was *Somm*, and if you saw it, then you’re probably familiar with the Court of Master Sommeliers. Exclusive and elite, the court is the international examining body for the sommelier trade, offering classes and official exams for those serious about a career.” – *The 6 Best Wine Courses You*

Can Take Online – The Manual

“If *Somm* made you want to be a sommelier, this is who you have to go head-to-head with. But before you could even think about being a master, you first have to tackle beginner courses like the Introductory Sommelier Course which, over the course of three days, covers the basics of wine and being a sommelier, and culminates in an exam. There’s also the Deductive Tasting Workshop, which blends wine tasting theory and practice, and enhances your tasting skills and vocabulary. Courses with the Court are intense, but you know you’re getting an absolutely world-class education at the hands of one of the wine industry’s most distinguished institutions.” – *The 6 Best Wine Courses You Can Take Online – The Manual*

These descriptions and quotes make being a sommelier sound like fun and hard work; but most of us just want to drink good wine. There are many flavor compounds and a variety of other factors that influence the quality, taste, aroma and mouthfeel of wine. There are many different grape varieties as well, but nearly all wine grapes come from only two cultivars or species of grape vines; *Vitis vinifera* and *Vitis labrusca*, of which the vast majority of wine is produced from the *Vitis vinifera* vines. Regions, soil type and climatic conditions also play a large role in the final flavor profile of a particular grape and wine as well as harvesting method, time on the vine, fermentation process, aging and vintage. With all these variables to consider, categorizing and understanding what wine is appropriately paired with

which foods can seem a bit daunting simply due to the vast number of different grape varieties, production methods, and region.

Last fall, here at The Community House, I led a four-part wine course covering the gamut of wine, grape varieties, production, regions, tasting and food pairing. The course was based on the book *Windows on the World Complete Wine Course* by Kevin Zraly, who was the

wine director and educator at Windows on the World restaurant at One World Trade Center in New York from 1976 until September 11, 2001. The book is great for both beginning and experienced wine drinkers alike. It outlines the origins of wine grapes and production methods as well as notable winemaking regions and types of wine produced.

At the end of each chapter or “course,” Zraly lists notable examples of the wine

Tasting Wine

Things to look for and how to recognize distinctive characteristics when tasting wine.

Color: Is it dark, light or transparent?

Swirl: Are there “legs”?

Smell: What kind of bouquet does it have?

Taste: Taste the wine, what flavors do you notice? What do the flavors remind you of?

What to keep in mind when tasting wine (Sweetness, acidity, tannin, fruit and varietal characteristics, aftertaste)

Savor: Hold the wine in your mouth for 60 seconds and see the guide.

What is a “good” wine: A good wine is one that tastes good to you. It is personal preferences that make a wine “good.” There are certain characteristics that are universally accepted as favorable in wines just as there are some that are universally accepted as undesirable.

When is wine ready to drink? Some wines, primarily white varieties, are meant to be consumed within one to two years of bottling. Some wines can be

put up for very long periods of time and still be quite drinkable, and even become better and better as they age. It really depends on the quality of the grape, the vintage and fermentation process and what the vintner is trying to achieve as to characteristics in the wine.

Here is a quick guide to tasting and evaluating wine for comparison, drinkability, mouthfeel and flavor profile:

60-Second Wine Expert

0-15 seconds: Look at the color of the wine.

15-30 seconds: Put the wine in your mouth and leave it there for three to five seconds.

30-45 seconds: Swallow the wine.

45-60 seconds: Wait and concentrate on the wine for 60 seconds before discussing it.

John Wolff is the resident chef of the Culinary Education Center of Sanibel at The Community House. He enjoys sharing culinary knowledge with future chefs of all ages. Contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.*

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1 head cauliflower, cut into florets
5-6 small mini bell peppers, sliced thin
¼ red onion, sliced thin

Various additions such as: olives, pickled vegetables, cheese, cured meats, greens, or hearts of palm

3 tablespoons fresh parsley, finely chopped

Sea salt and fresh ground pepper, to taste

Vinaigrette:

1 teaspoon honey

⅓ cup olive oil

¼ cup red wine vinegar

½ lemon, zested and juiced

1 tablespoon garlic, minced

½ teaspoon red pepper flakes

(optional)

1 teaspoon dried Italian seasoning

Sea salt and fresh ground pepper, to taste

Prepare an ice bath by filling a bowl with 2 cups ice and filling with water and



Cauliflower Antipasto Salad

set aside. Fill a large pot with water and bring to a boil. Add in cauliflower and boil for 2 minutes. Remove from heat, drain, and add to ice water to stop the cooking process. When cooled completely, drain

and transfer to large mixing bowl along with all other additional salad ingredients.

Prepare vinaigrette by placing all ingredients into a lidded jar and shake vigorously. Taste and adjust salt and

pepper as needed. Pour over salad ingredients and toss to combine. Cover and place in refrigerator for at least 2 hours to absorb flavors or until ready to serve.✱

photo courtesy Fresh From Florida

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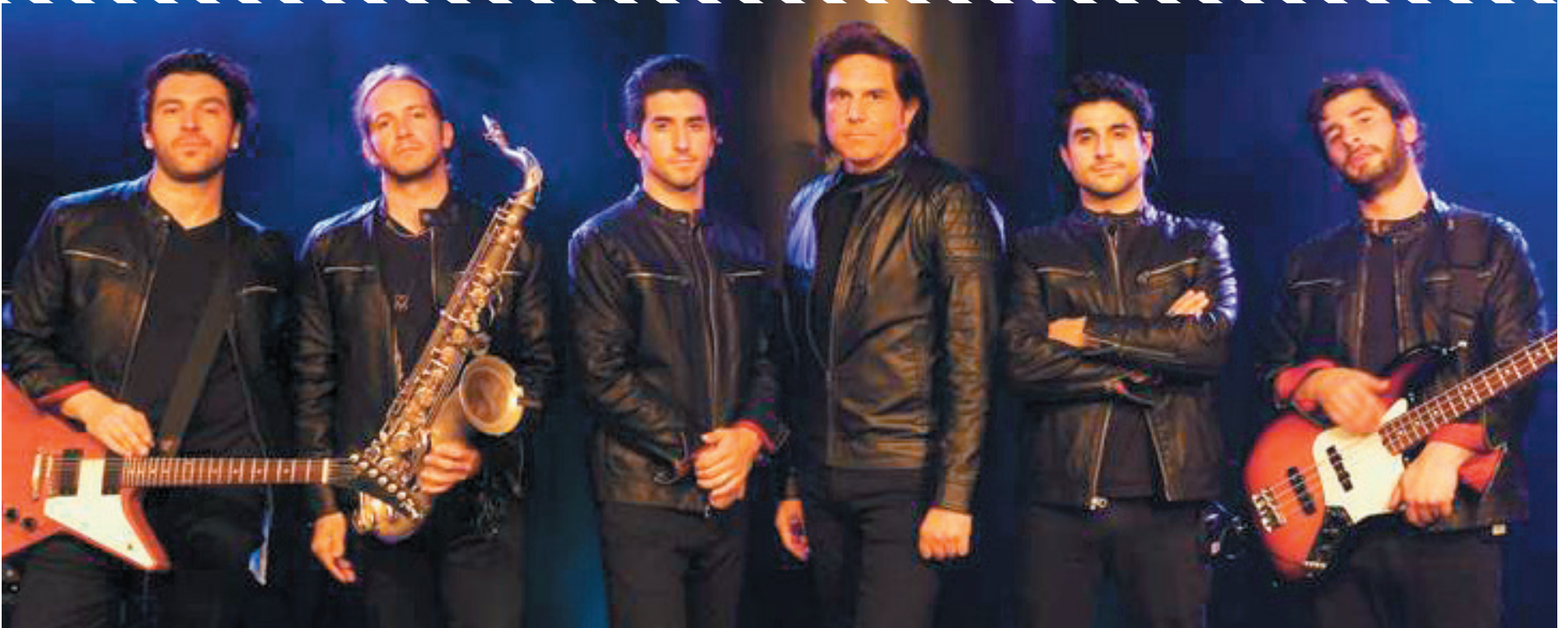
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Book Review

Messing With Men



by Di Saggau
Author Christopher Brookhouse has lived in Sanibel on and off since the 1970s and has been a legal resident for the last four years. I recently contacted the author and

asked some questions about his new book *Messing with Men*, which is based on Sanibel. The book revolves around three aging men, all of whom are struggling with complicated pasts. Al Green, Sam Bishop and Landon Greer meet almost every day at happy hour at Tib's, a local watering hole to discuss current events and past experiences. I asked how many of the places and people are based upon island establishments and characters. He said, "Tib's is based on Traders, and Emma is formed by a kind and gracious lady who bartended there for many years." Another character, Mike Lear, is based on a former neighbor who was a Sanibel policeman and contractor. He also owned the electric alligator on the cover of the book, which will be a tell-all to some.

An important part of the plot deals

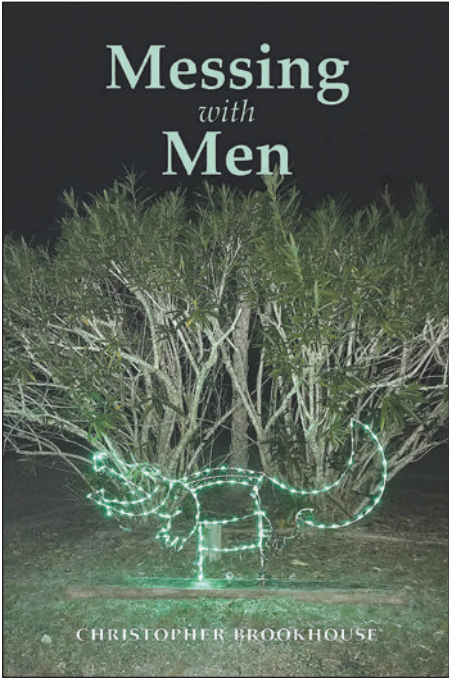


image provided

with a dilapidated historic house on the island, the Larkin house, that has secrets of its own. What becomes of this property puts Al and Sam at odds, while Landon looks on from afar. The home is listed at \$3 million and not everyone agrees it should be sold. When some original artwork is discovered in the home, it changes the outlook of some of the involved parties.

There is also a phantom thief who takes property from one home and

leaves it at another. Not to mention a nude beach that is the author's memory from an earlier Sanibel. Some of the characters are composites of people the author has known, but most are imagined. All seem quite real with what they have experienced in life and are facing in their future. When asked what he hopes readers will relate to most in his book, Brookhouse said, "Probably the possibilities of discovery, friendship and love in the long (if you're lucky) timeout of aging." He said, "It interests me how people arrive here and create new

routines and find new interests and meet new people, but what we become is, to some degree, what we were. Inventing a new life means inventing a story about your old life. Sometimes those narratives are wildly exaggerated, sometimes curiously modest."

Messing with Men is a delightful drama full of memorable characters in the winter of their years and situations that are often unpredictable on an island that means so much to so many. It is available at MacIntosh Books and Paper, 2340 Periwinkle Way, on Sanibel.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,
I have two preschool children, and I want them to become good readers. Would you describe the reading process and what I can do

to help my children to become good readers.

Tina G, Cape Coral

Tina,

Learning to read well is a complex behavior. Reading is an important skill for all students to learn. It is essentially the basis of nearly all learning, and a basic requirement to progress in life. However, for students just beginning to explore reading, it can be an intimidating process. Parents can help their children by building a strong foundation of reading. Below is a brief discussion of the skills used in reading and some suggestions on how to help your children build their skills.

Reading is a skill that requires several abilities working together to be able to become proficient. If a child is weak in any of those abilities, it can impact the ability to read. Here are some of the skills and abilities required for a child to learn how to read. Each of these abilities can be broken down into even more specific aspects when necessary:

Visual processing – A reader must be able to correctly perceive what is seen in order to read. If one has difficulty remembering symbols or order of symbols, he or she may struggle with remembering site words. A person who has difficulty with spatial relations might also have difficulty viewing letters or words in the correct order. This might be the problem when the student struggles with reversals past the normal developmental period, or has difficulty remembering b/d, 6/9, etc.

Phonological processing – A reader will need to have good processing of sounds and be able to interpret what letters make each sound. Phonological processing includes blending words, rhyming and being able to differentiate between similar sounds. Phonological processing is particularly important in the early stages of learning to read.

Auditory processing – A reader must be able to correctly interpret auditory information to learn basic reading skills.

A child that struggles to understand what he or she has heard will have difficulty with learning the foundations for reading or understanding books that have been read aloud.

Processing Speed (fluency) – A reader will need to be able to quickly process the written information to derive meaning. When a student is a slow reader, it is often difficult to remember words from the beginning of a sentence. This often affects comprehension.

Working memory – A reader needs to be able to remember what has already been read, even while reading new words. A person must be able to remember the previous paragraph, even while moving on to the next paragraph. Early readers need to be able to remember the letter sounds and memorize site words to be strong readers.

Comprehension – A reader must be able to comprehend and interpret what is read. Even a person who can decode words easily must be able to make meaning of those words. Comprehension requires strong reasoning skills.

Here are some suggestions to help your child build their reading skills.
Teach an appreciation of words – Sharing stories is the easiest way to get students interested in reading.

Create language awareness – Before students can even begin to read, they must understand how books work. Show them the proper way to hold a book, how the story is read from left to right and top to bottom and use books with large print to get children accustomed to seeing words.

ABCs – The ABCs are an important part of learning to read. Help children to recognize letters and the sounds that they make through creative methods.

Instill phonemic awareness – Phonemic awareness is the idea that words are composed of sequences of sounds. Focus on how words are pronounced, focusing on the constant sounds, as well as long and short vowel sounds. Have them sound out different words on worksheets and identify the different sounds in simple words.

Share the relationship between sounds and letters – Once students are aware that words are made of sounds, you can introduce how each different letter makes a different sound or sounds. Start with commonly used letters like M or T, which are more distinct to pronounce.

Sound out words – As students learn that different letters make different sounds, they can start to sound out small familiar words. Start at the left of the

continued on page 30

UPCOMING EVENTS

Monday, March 7th 11AM



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Leah Weiss
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Michael Academia viewing a nest with a mirror pole

photo by Bryan Watts

Bird's Eye View Of Osprey Living

The International Osprey Foundation (TIOF) will hold a free presentation on nesting ospreys during its annual meeting at The Community House on Monday, March 7 at 6:30 p.m.

Michael Academia, a recent TIOF research grant recipient, will be the presenter. His research brings him into close contact with nesting ospreys including the distinct roles for female and male ospreys, feeding behavior, chick growth and sibling hierarchy. A graduate

student at The Center for Conservation Biology at William and Mary College in Williamsburg, Virginia, Academia has combined his passion for these raptors and his background in fisheries science to study the relationship between food supply and osprey nesting success.

While his research focuses on ospreys in the Chesapeake Bay as biomonitors of fisheries and aquatic health, there is applicability to the Southwest Florida osprey population, which serves as a sentinel species for the health of local waters and are vulnerable to various environmental challenges.

The osprey in the Chesapeake

Bay region are dependent on the nutrient-dense Atlantic menhaden fish. Commercial fishing in the bay has reduced the menhaden fish population, impacting osprey provisioning rates and reproductive success. Academia's research provides insight into how osprey behavior is altered by low fish availability and whether providing menhaden directly to the osprey in their nests can reverse food stress. He

Shell Crafting

Paperweights

by Anne Joffe

Glass paperweights are fun to create and make great gifts. You can use the tiniest of shells because they will be under magnification. Choose some painted shells or paint your own to add a pop of color. Or go with a natural look.

Materials:

Glass paperweights; available at stores selling craft wares

Small shells, brown starfish and broken coral pieces work well

Felt and cardboard

Directions:

If a cardboard disk does not come with your paperweight, you will have to make one. Simply trace the outline of the paperweight onto the cardboard, cut out and cover with the same size felt cutout. This becomes the bottom.

Arrange small shells, starfish and coral on the felt cover base. Since the dome will cover them with magnification, they must be tiny. They can be arranged in a

design or just placed in any way.

Using a small dab of glue, glue the shells to the base. Do not use too much glue or you will see it under the magnifying top.

Sometimes, a toothpick dabbed into the glue makes a neater job.

Glue the glass top onto the base when shells have dried. Be sure the outer rim is free of any material so the base will attach to the glass.

Anne Joffe has owned *She Sells Sea Shells* on Sanibel since 1976. She is the author of *ShellCrafting* Vol. 1 and Vol. 2. Joffe judges *Artistic and Scientific* categories at shell shows throughout the country, leads shelling trips worldwide, and is a public speaker on shells and shellcraft.✧



Paperweight

photo by Anne Joffe

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REED GALEN

Sunday, February 27, 2022

Looking Under the Hood at the 2022 Elections

Reed Galen is a well-known political strategist and co-founder of The Lincoln Project. He served George W. Bush in the White House and was Deputy Campaign Manager for John McCain's 2007 presidential campaign. He will discuss the run-up to the mid-term election, when 435 seats in the House of Representatives and 34 of the 100 seats in the Senate will be contested.



MICHAEL O'HANLON

Sunday, March 13, 2022

Making War in an Age of Peace: US Grand Strategy and Resolute Restraint

Michael E. O'Hanlon is a Senior Fellow and Director of Research in Foreign Policy at the Brookings Institution, where he specializes in U.S. defense strategy. O'Hanlon presents a well-researched, ethically sound, and politically viable vision for American national security policy. His expertise is an ability to piece together what will happen in potential international conflicts with extraordinary accuracy and insight.

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by Di Saggau

The Monday Night Movie for February 28 is *Hive*, a drama from Kosovo about struggling widows who start a business to sell a local food product. It is a triple Sundance-winning film that honors feminine strength. The war between Kosovo and Montenegro over 20 years ago left 12,000 dead and more than 3,000 missing. *Hive* is inspired by the true story of a single mother, Fahrije Hoti, (Yllka Gashi) who, many years after her husband goes missing, is forced to face his loss. Gashi delivers a powerful performance. We meet Fahrije sneaking into a medical tent searching for the remains of her husband.

Fahrije sets up a group of hardworking women in her same situation to sell their product to a local market. She is met with hostility from many of those in the town, especially the men who call her names, damage her car and even assault her. Her teenage daughter and young son are against it, as well as her grandfather. The indestructible female camaraderie is uplifting to witness when a crowded pack of women overcome their fear and join Fahrije. There is relief in seeing their success and watching the triumphant women celebrate their achievements.

The story takes place in Krusha, a pretty hillside town that was the site of a horrendous massacre in 1999. Fahrije isn't a lovable character, sometimes she's hard to like, but she is a human being



image provided

whose charms emerge in the intimate moments with her family and female friends. *Hive* tracks Fahrije on her path to independence. The film runs 84 minutes and will be shown at 7 p.m. in Christensen Performance Hall. After the film, Barbara Ruben will lead a discussion.

Tickets at \$10. Masks are required.

BIG ARTS is located at 900 Dunlop Road on Sanibel. Call 395-0900 or visit www.bigarts.org. ✨

The application deadline for several scholarships amounting to more than \$20,000 from “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) is March 31. Ranging from \$1,000 to \$3,000 each, the scholarships are available to high school seniors, college students and graduate students in or from Lee, Collier, Charlotte, Hendry or Glades counties pursuing degrees in environmental-related studies.

DDWS will award the scholarships at a ceremony at JN "Ding" Darling National Wildlife Refuge on Sanibel in June.

Now in its 16th year, the DDWS scholarship program generated its first awards in 2006, donated by Tarpon Bay Explorers, the refuge's official recreation concession. To date, nearly \$200,000 has been awarded through the program.

For application forms, visit www.dingdarlingsociety.org/articles/student-scholarships. To learn more about the scholarship program or establishing a permanently endowed scholarship, contact Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.org.

Named scholarships to date for 2022 include:

Richard Bailey Memorial Scholarships
Mike and Terry Baldwin Scholarship
Dr. Andrew and Laura Dahlem
Scholarship
Dr. H. Randall Deming Scholarship for

Conservation and Environmental Studies, a permanently endowed scholarship

“Ding” Darling Conservation

Scholarship

Hans and Leslie Fleischer Scholarship

Mary Elaine Jacobson Memorial

Scholarship

Win and Marilyn Kloosterman

Education Scholarship, a permanently endowed scholarship

Francine and Barry Litofsky Scholarship

Tarpon Bay Explorers Scholarships

Jane Werner Environmental

Scholarship, DDWS' first permanently
endowed scholarship✱

From page 28

word, sounding out each letter and gradually blending them together until they can recognize the word.

Read daily – By encouraging children to read often, they will develop their own love of books. Get a library card and teach children how to check out books. Help them find books in topics in which they are interested. Like any other skill, the more students read, the better they will become.

Shelley Gregg is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com. ❖



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BIG ARTS Ethics In Film Series
Eye In The Sky



by Ron Green
BIG ARTS will show *Eye in the Sky* (2015), the first film in this year's Ethics In Film Series, on Wednesday, March 2 at 3 p.m. The film runs one hour and 42 minutes and will be shown in

Christensen Performance Hall. After the movie, I will lead a discussion.
A group of known terrorists in Kenya is under surveillance by a high-flying drone. The terrorists arrive at a safe house, where local electronic intelligence reveals them to be planning a suicide mission. In the UK, Col. Katherine Powell (Dame Helen Mirren) commands the mission. As an American-based pilot prepares to launch a Hellfire missile into the house on the colonel's orders, a 9-year old girl arrives and sets up her bread-selling table next to the building. The missile launch is delayed in the hope that when the girl's small stock of loaves is sold, she will leave the kill zone. With the girl's life hanging in the balance, high-level British and American political and military leaders weigh the mission's benefits and risks, and rights and wrongs.
Director Gavin Hood, who also directed last year's Ethics Series choice



image provided

Official Secrets, is fascinated by the morally challenging aspects of modern technological conflict. As this past summer's drone killing of an innocent family during the Kabul evacuation shows, few issues are more controversial than the use of high-flying unmanned aircraft to surveil and kill opponents. Even when successful in taking out their target, these operations risk collateral damage, including the killing of family members, children and other innocent bystanders.
Eye in the Sky puts us in the cockpit of decision. Thanks to a miniature insect

drone, we see the terrorists prepare their explosive vests. There can be little doubt that many innocent people – still faceless and unknown to us – will die. We can debate the value of such drone strikes in a classroom or newspaper column, but the film makes our choice both real and terrifying. There before us is the little girl cheerfully handing over her small stock of loves and pocketing her earnings, while continents away, military planners measure the perimeter of destruction and count the seconds.
No spoilers here. As you watch *Eye in the Sky*, ask yourself, "What would I do in Col. Powell's shoes? And how

do I feel morally about others using this technology in my name?"
Remaining films in the four-part series are: *The Courier*, March 9; *Minari*, March 16; and *Darkest Hour*, March 23. Each film will be announced in the *Island Sun* a week before it is shown.
Tickets are \$10 and available in advance or on the day of the film at the BIG ARTS box office, located at 900 Dunlop Road on Sanibel, by calling 395-0900 or online at www.bigarts.org.
Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.*

Documentary
On Farming

The documentary *The Biggest Little Farm* chronicles the eight-year journey of one couple as they trade city living for 200 acres of barren farmland and a dream to harvest in harmony with nature. Part of the 10th annual "Ding" Darling Film Series, it will be available to stream virtually from 8 a.m. to 5 p.m. on Wednesday, March 2 before a 5 p.m. Zoom discussion.
Featuring cinematography, animals and an urgent message to heed Mother Nature's call, *The Biggest Little Farm* provides a vital blueprint for better living and a healthier planet.
"Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) hosts the season's

free film showings, and John MacLennan is sponsoring *The Biggest Little Farm*. Pre-registration for documentary and its follow-up discussion is open via www.dingdarlingsociety.org/articles/lecture-and-film-series and is required by Tuesday, March 1, depending upon availability. (Registrations are limited to 200 for each film.)
Films will be available to viewers on various platforms to watch at a time frame and link assigned via email. The discussion allows visitors to gain more from their documentary-viewing experience by listening to other people's points of view and analyzing what they just watched.
The film series continues with *Salmon Forest* on March 16, *Last Green Thread & Chasing Ghosts* on April 6 and *Troubled Waters: A Turtle's Tale* on April 13.*

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Town Hall Meeting Draws Large Crowd

by Wendy McMullen

Topics ranged from mask wearing to city infrastructure to the need for a Center 4 Life building at the two-hour town hall meeting held at The Community House on February 16.

Sanibel citizens turned out in force for the meeting, spearheaded by Councilman John Henshaw, to hear residents' views about city government and where it should be going in the future. All five city councilmembers were on hand to listen.

Speakers were allowed three minutes and almost all spoke up to, and sometimes beyond, the allotted time.

Renewable energy and coastal resiliency in the face of climate change was the topic of much of the first part of the meeting.

Bob Moore, co-founder of a renewable energy working group, said that while the Sanibel plan does a good job of identifying sustainability needs related to water



Islanders turned out in force to hear about Sanibel's future photo by Wendy McMullen

quality and ecosystem health, there's little focus on climate change resiliency. He recommended that the city make energy and greenhouse gas reduction a priority, and collaborate with Lee County Electric Cooperative and outside experts to conduct energy audits.

"Sanibel has long been a leader on sustainability issues. And we believe that taking the lead on advancing energy

conservation in renewable energy is a next step," Moore told city council.

James Evans, CEO of Sanibel-Captiva Conservation Foundation (SCCF), also spoke of challenges as rising sea levels create more standing water in swales and yards. Dr. Carrie Schuman, coastal resiliency manager at SCCF, pointed out that coastal resiliency includes energy efficiency, championing water quality

issues and future considerations about city facilities.

"We have this really progressive plan for the city that's been a model, a gold standard, if you will, for what it means to protect the sanctuary quality of where we live," Schuman told residents. "However, the current form of the plan is written assuming a fairly static future regarding the environmental conditions that we as an island are and will respond to.

"By acknowledging the dynamic changes expected with climate change, the city has the opportunity to actively engage in a formal climate change resilience and adaptation planning process, as a way to proactively respond to those changes and catch up with other communities that have been doing this in other parts of the state," Schuman concluded.

The effects of stormwater runoff were underlined by several residents, including Susan Ruberry of Tradewinds subdivision, who said the city needs an overall understanding of issues related to water and water mitigation needs all over the island.

Another major topic was the Island Seniors Center 4 Life building. The

continued on page 10

Historical Society Catches Keepers In Documentary

by Kathy Kurtz Ferrari

Every person who loves to fish has a story, whether it's about the one that got away or a memory of landing that prize-winner.

Some of those ethereal local angling stories have been captured in the newest documentary from the Captiva Island Historical Society (CIHS), *Tight Lines and Big Fish Stories – The History of Angling on Captiva*.

The film, produced by award-winning CIHS documentarian Ken Sneed, will premiere on Monday, March 7 at 7 p.m. in the ballroom of South Seas Island Resort.

Captiva has enjoyed a long history as a haven for fishing, harkening back to the days when the Calusa tribe trolled area waters. In the early 20th century, Teddy Roosevelt and other famous people discovered this southern angling outpost, raising the bar on that reputation.

"This documentary has been in the planning a long time," explained Tom Libonate, CIHS president, noting that



Captiva Island Historical Society's March 7 documentary will include stories behind tarpon fishing photos like this photo courtesy CIHS

COVID-19 delayed much of the effort.

In the fall of 2020, the historical society put out a call to the public to have their "big fish stories" recorded at Jensen's Marina. Sneed and his filming equipment captured tales from about a

dozen current or retired fishing guides, longtime island residents and others who had a story to share.

"While it's called the history of fishing on Captiva, it really goes beyond Captiva. We are chronicling Pine Island Sound

and the gulf," said Libonate. "What's cool about the story is it's very interview-rich."

Longtime Captiva resident and CIHS member Dave Jensen, who passed away in 2021, came up with the idea of reminiscing with old fishing guides for the documentary. Jensen's family owned Jensen's Marina, an unofficial fishing headquarters for decades. While he had relocated to Italy in 2019, Jensen stayed active with the historical society after his move.

"We are blessed that this is the only organization Dave continued to remain in contact with after his move. And the documentary is really his inspiration," Libonate said, adding that he still has Jensen's original email pitching the project, with a list of potential people to interview.

"It's ironic, because I've gone back and reread his original proposal and it's pretty close to what we've actually produced," Libonate explained.

To finish the project following Jensen's death, several other longtime islanders stepped in, including Jensen's brothers, John and Jimmy. The knowledge of CIHS member Capt. Brian Holaway, who has worked as a nature boating guide on Captiva for more than 30 years, was instrumental. Having lived and worked

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Trust Company Sponsors Gala To Benefit Hospital

SanCap Cares, the island community's effort to support Golisano Children's Hospital of Southwest Florida, will return to a live, in-person gala this year at The Sanctuary Golf Club on Sunday, April 3. The Sanibel Captiva Trust Company will again serve as presenting sponsor.

"We are delighted to continue our annual support of this movement and event," said Al Hanser, founder and chairman of the trust company. "Healthcare has been a significant focus these past two years, and supporting our community's children's hospital is more important than ever. We stand by our island families and friends to help raise significant funding for this important cause."

The focus of this year's fundraising efforts is "All About the Brain." Golisano Children's Hospital continues to work to strengthen its pediatric mental health services, while embarking on a new neurosurgery program and the formation of a brain research and education partnership with Johns Hopkins All Children's Hospital in St. Petersburg. A renowned neurosurgeon, Dr. Theodore Spinks, has joined the Golisano team to oversee development of the program.

"We will be forever grateful for the Sanibel and Captiva communities, and



From left, SanCap Cares Committee members Sue Peltzman, Melissa Congress, Stephanie Muddell, Robin Cook and Valerie Tutor with Al Hanser, Darryl Gordon, Steve Greenstein, Megan Marquardt and Jeff Muddell of The Sanibel Captiva Trust Company photo provided

specifically our friends at The Sanibel Captiva Trust Company who have given generously for over two decades to support children's healthcare in our community," said Dr. Emad Salman, regional medical officer, chief physician and operations executive of Golisano Children's Hospital. "As we look to the future, I am proud to see pediatric neurosurgery come to our region through philanthropic support. As a pediatric oncologist, this service is something I have wished would come to fruition for

over 25 years."

"I am thankful for Al Hanser and his team at The Sanibel Captiva Trust Company who have given us the opportunity to provide world-class healthcare close to home for many children through their continued partnership," said Alyssa Bostwick, chief nursing and operations executive of Golisano Children's Hospital. "As the community continues to grow, there is a critical need for pediatric neurosurgery, and gifts to SanCap Cares

will support this important initiative. This neurosurgery program, in affiliation with Johns Hopkins All Children's Hospital, has been two years in the making and has already made a tremendous impact."

The 2022 SanCap Cares Island Celebration will highlight details of these programs, while providing an entertaining evening for guests and supporters. The Olde Florida Nights-themed festivities will include culinary tastings and a signature cocktail to accompany the Give to Give auction of items to support the hospital's programs.

The celebration will culminate with a five-star dinner and entertainment by The Modern Gentlemen, who return to Sanibel after a popular performance at the SanCap Cares gala in 2019. The quartet of entertainers, originally brought together by Frankie Valli, blend tight, four-part harmonies with today's sound to create a memorable vocal experience.

"We are so excited to be back in person, and we invite the entire Sanibel-Captiva community to find their own way to support these critical services at Golisano Children's Hospital," said SanCap Cares Committee member Valerie Tutor. "The Sanibel Captiva Trust Company has returned as presenting sponsor, and The Sanctuary will again play host. It will be a great celebration of SanCap Cares' 22nd year."

Since its inception in 2001, islanders have raised more than \$17 million to support the life-changing work at the children's hospital. For more information, visit www.sancapcares.org.

"Ding" Darling Wildlife Society presents...

PROJECT REFUGE

A Couture Fashion Show Using Trash

In celebration of the 40th anniversary of the "Ding" Darling Wildlife Society, DDWS is hosting the second ever Project Refuge - A Couture Fashion Show Using Trash on March 31, 2022, to benefit conservation and education efforts at J.N. "Ding" Darling National Wildlife Refuge.

project REFUGE
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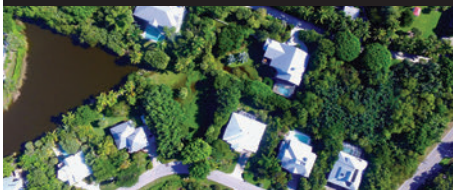
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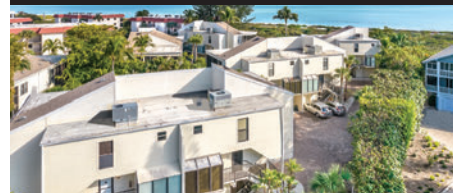
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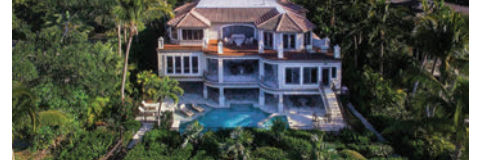
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Savanna Wilkinson and Tiara Burton

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New Educators At Sea School

Two new marine science educators have been added to the team of ocean advocates at Sanibel Sea School. Tiara Burton and Savanna Wilkinson have arrived just in time to help kick off the school's busy spring and summer seasons, and will be assisting with educational day courses and outreach programs.

Burton grew up in Minneapolis,

Minnesota, where she fell in love with nature, adventure and exploring. While pursuing her biology degree at Boston University, she spent a semester in Ecuador studying tropical ecology, which inspired her to focus on ecology and conservation. After spending a semester following her professor through jungles, mountains, rivers, oceans and cloud forests, Burton discovered that hands-on, experiential learning allows students to physically and intellectually experience the world they were learning about, ask deeper questions and take action with

conservation-oriented research. These experiences have ignited her passion to pursue a career in experiential education.

Burton is looking forward to teaching day courses and field trips at Sanibel Sea School. "Many of my favorite memories in school are from field trips and hands-on learning experiences where I was able to see, smell, touch and hear about the plants and animals I was excited about. To have the opportunity to give those same experiences to others is very special to me, and I intend to make learning as fun as possible," Burton said. She will serve as a seasonal marine science educator to help others learn about Southwest Florida's ecosystems and how to have a more positive, conservation-focused impact on the planet.

Wilkinson was raised in Illinois and Iowa and is currently completing her degree in marine biology at Florida International University. She grew up vacationing on Sanibel and Captiva islands with her family and, as a child, aspired to become a zoologist. In high school, Wilkinson completed college-credit classes within the marine biology and aquarium science fields where she learned how to propagate live corals and sea anemones, and rear clownfish and jellyfish. This coursework motivated her to work in the marine science field and move to Southwest Florida to complete her bachelor's degree near the islands that first helped her fall in love with the ocean. Wilkinson will teach the fundamentals of conservation to the next generation of ocean explorers.✧

Hole In One



Rosemary Pariseault

photo provided

On February 16, Rosemary Pariseault scored a hole in one on the No. 2 hole at The Dunes Golf and Tennis Club on Sanibel. Mary Beth Francis, June Muench and Kenene Weymouth witnessed the 75-yard shot that Pariseault made with a pitching wedge. This is her first hole in one.✧



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Finding yourself in a situation where you are unsure if you can provide basic needs to your family is a scary experience. FISH provides Emergency Financial Assistance to families struggling to cover these costs. We strive to provide a helping hand to all of our island neighbors. The FISH Helping Hands program is meant to provide short-term assistance with life's most basic needs—shelter, healthcare, utilities and more.

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Interior by Clive Daniel Home

photos provided

Reserve Tickets For Brunch With Noted Designers

submitted by Sue Denham

Peek at the Unique Home Trends, a new “Peek” planned by the Zonta Club of Sanibel-Captiva, will focus on use of living space and current trends in home design, and construction, décor and landscaping.

Anyone planning to purchase, build, remodel, paint, redecorate and/or update landscaping on a home in Southwest Florida will discover the latest techniques, knowledge and insider information.

Set for Saturday, March 19 from 9 a.m. to noon at The Community House, Peek at the Unique Home Trends opens with a brunch buffet followed by a panel of local providers discussing their expertise and answering audience questions. Presenters will be: Architecture Joyce Owens; Clive Daniel



A home designed by Architecture Joyce Owens with consideration for every aspect of its gulf-front setting

Home; Dan Hahn Custom Builders; John Grey Painting; VIP Realty Group; and RS Walsh Landscaping. Many are longtime sponsors of the Zonta home tour, on hiatus due to the pandemic.

The first two of those presenters are Architecture Joyce Owens and Clive Daniel Home.

Joyce Owens, FAIA, RIBA, founder (2007) and principal architect at Architecture Joyce Owens LLC (Studio AJO), is a longtime Zonta supporter. While she maintains an office in

downtown Fort Myers, much of her work is coastal related, where she creates spaces and places that are both environmentally sensitive and culturally appropriate for their setting. Her client list ranges as far afield as Italy and the UK, and she and her firm have received numerous design awards including Best of Gulfshore 2021 for Architecture and a merit award, also in 2021, from American Institute of Architects for The Island Village on Captiva. Owens

continued on page 8B

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Virtual Friendly Faces Luncheon

Sam Ankerson, executive director of Bailey-Matthews National Shell Museum, will be the featured speaker for the FISH of SanCap Friendly Faces Luncheon on Tuesday, March 8. The virtual program begins at noon via Zoom. Lunch, prepared by George & Wendy's, consists of a cold entree, side, bottle of water and dessert. The cost for the luncheon is waived and complimentary to all



Sam Ankerson

participants. FISH volunteers will deliver meals to islanders beginning at 11:30 a.m.

Ankerson will provide an overview of the museum's 2020 new addition, Beyond Shells Living Gallery, aquariums exhibiting over 50 species of marine life. He will also detail new exhibits, educational programs and events.

"Known as one of the 'best' things to do on Sanibel, the shell museum provides educationally fun activities to guests," said Erika Broyles, senior services director for FISH. "We are so lucky to have the museum as part of our community; it's the only museum in the U.S. devoted solely to shells and mollusks."

Reservations and meal choices are required by Friday, March 4 by calling 472-4775. Once registered, FISH will provide an emailed link and meeting ID number for access.*

Workshops And Classes

BIG ARTS offers a variety of workshops with experienced instructors. The schedule is:

Watercolor Painting with Sunny Krchmar – Wednesdays, March 2 to 16, 9 a.m. to noon. Donor: \$156; nondonor: \$195.

Paint Your Own: Pineapple Beach Bag with Sunny Krchmar – Wednesday, March 2, 1 to 3 p.m. Donor: \$60; nondonor: \$75.

Advanced Photography with Denny Souers – Thursdays, March 3 to 24, 9 a.m. to noon. Donor: \$111; nondonor: \$139.

Art History Lecture, (title TBD) with Ann-Marie Bouche – Fridays, March 4 to 25, 9 a.m. to noon. Donor: \$188; nondonor: \$235.

Sanibel Footprints Basket with Gisela Damandl – Monday and Tuesday, March 7 and 8, 9 a.m. to 4 p.m. Donor: \$151; nondonor: \$121.

Three Trials That Changed America with James Rudin – Mondays, March 7 to 21, 9 to 10:30 a.m. Donor: \$80; nondonor: \$100.

Pastels with Mary Klunk – Tuesdays, March 8 to 29, 9:30 a.m. to noon. Donor: \$120; nondonor: \$150.

Glass Fusing with Petra Kaiser – Wednesdays, March 9 to 30, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Glass Fusing with Petra Kaiser – Thursdays, March 10 to 31, 9:30 a.m. to 12:30 p.m. Donor: \$99; nondonor: \$124.

Greeting Card Class with Donna Lee Cole – Friday, March 11, 9 a.m. to noon. Donor: \$25; nondonor: \$32.

Intermediate Drawing with Douglas David – Saturday, March 12, 9:30 a.m. to 3:30 p.m. Donor: \$135; nondonor: \$169.

Great Blue Heron on Palm Bark with Jenny Licht – Saturday, March 12, 1 to 4 p.m. Donor: \$69; nondonor: \$86.

The Perennial Philosophy: Catching A Glimpse of Truth and Beauty in Each Religion and Every Branch of Science with Ran Niehoff – Saturdays, March 12 to 26,

10 to 11:30 a.m. Donor: \$80; nondonor: \$100.

Paint Classic Florals in Oil with Douglas David – Monday and Tuesday, March 14 and 15, 9:30 a.m. to 3:30 p.m. Donor: \$265; nondonor: \$332.

Zentangle with Donna Lee Cole – Friday, March 18, 9:30 to 11:30 a.m. Donor: \$25; nondonor: \$32.

Are You Stuck? Open Paint & Critique with Jan Atkielsi – Monday, March 21, 9 a.m. to 3:30 p.m. Donor: \$79; nondonor: \$99.

Music & Art Lecture: Expressionism with Tom Cimarusti – Thursday, March 24, 1 to 3 p.m. Donor: \$40; nondonor: \$50.

*Pre-registration is required. For more information, call 395-0900, stop by the box office, open from 9 a.m. to 3 p.m. at 900 Dunlop Road on Sanibel. For full course descriptions, visit www.bigarts.org or email info@bigarts.org.**

Learn How To Build An Owl Box

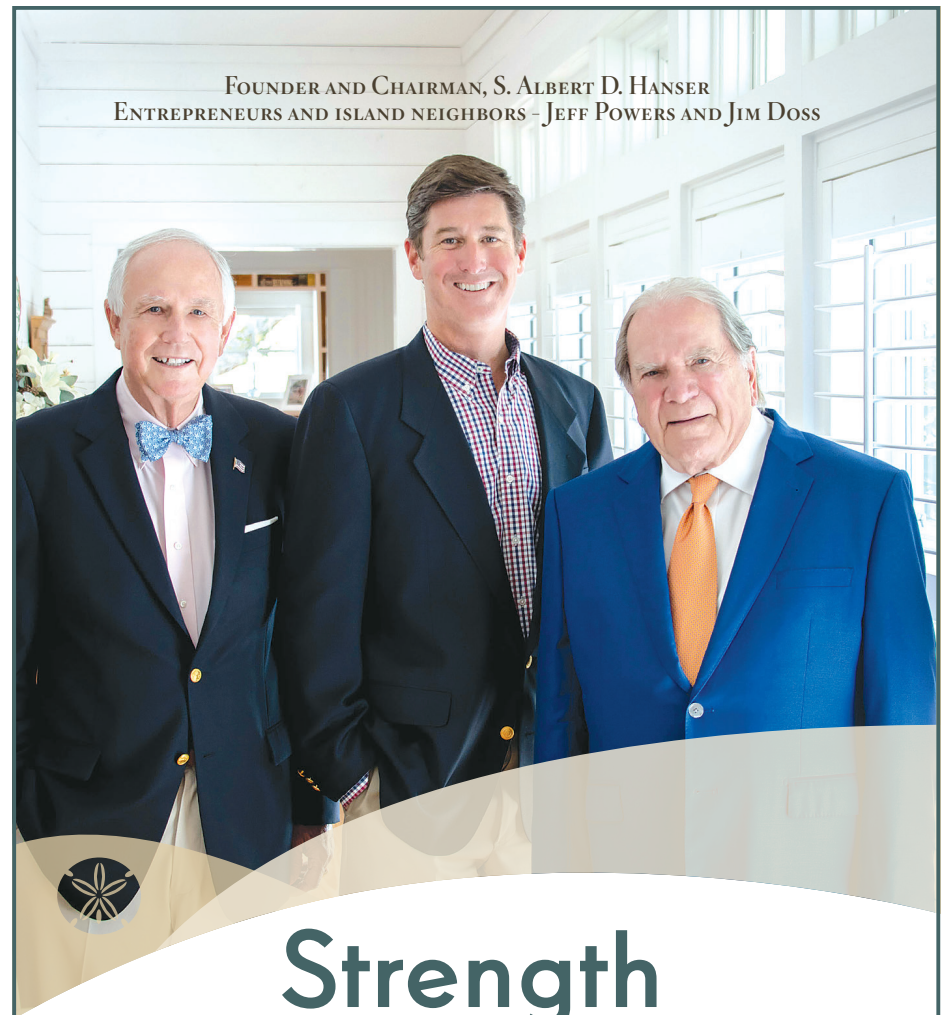
The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series focuses on How to Build an Owl Box on Tuesday, March 1 at 4:15 p.m. The program will be offered in person at the CROW Visitor Education Center and in a virtual format.

Presented by Tim Thompson, volunteer at CROW and the Conservancy of Southwest Florida, the program will teach participants the specifics of building a screech owl box by using the various materials used in making and maintaining boxes as well as tips to prevent non-target species.

Advance registration is required. Admission per person or device is \$10 plus applicable taxes and fees.

CROW's 2022 Speaker Series features weekly programs, offered January through April, hosting professionals from across Southwest Florida who engage, educate and entertain participants with information about local conservation initiatives.

CROW is located at 3883 Sanibel-Captiva Road. For more information, visit www.crowclinic.org or call 472-3644.*



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Dana Souza photo provided

City Officials Update Realtors

The Sanibel & Captiva Islands Association of Realtors hosted a Lunch & Learn program with Sanibel City Manager Dana Souza and several members of the City of Sanibel Community Services Department. The meeting included both realtor members and affiliate business partners. The meeting was held to address some questions over the city's new staffing and online programs. Realtors are often a bridge between clients, new homeowners and city officials. Souza introduced the staff working in

the community services department, and discussed some changes that are coming for the city's website to make it more user-friendly for residents, builders and realtors. The association and its members maintain a positive outlook on what the future holds for the City of Sanibel and continue to strive to add value to the community through local partnerships.✱

Program On Legal Aid Options

FISH of SanCap is hosting a discussion on legal aid options with Michelle Trunkett, managing attorney for the Fort Myers office of FL Rural Legal Services (FRLS). The workshop will be held on Monday, March 7 at 2 p.m. at The Community House. It will also be offered virtually via Zoom. Trunkett will provide an overview of programs offered by FRLS, including information on individual rights, housing rights, family protection and consumer law. Programs offered by FRLS are complimentary, keeping in line with its mission of empowering low income individuals, groups and communities by providing them with access to justice through legal advice, representation and advocacy. "We are thrilled to offer this informational seminar to the community," said Jennifer Pagano, education and outreach director for FISH. "The attorneys of FRLS truly make a difference

in our region by helping people get access to legal services." Trunkett's work at FRLS focuses on representing tenants in landlord-tenant matters, many of whom reside in federally subsidized housing, representing consumers in debt collection matters and representing debtors in bankruptcy. She received her bachelor of science degree in sociology and social work at Florida State University and her juris doctor degree at Stetson University, College of Law. For more information, call 472-4775 or visit www.fishofsancap.org. The Community House is located at 2173 Periwinkle Way on Sanibel.✱

Realtors Hosting Seminar Series

The Sanibel & Captiva Islands Association of Realtors is organizing a series of seminars for members of the community. The first seminar will be held on Tuesday, March 29 from 5 to 7 p.m. at The Community House and will focus on flood insurance. Recent changes in the flood insurance industry have affected policy holders on Sanibel. Affiliate business partners David Arter, manager of personal lines with Private Client Insurance Services, and Chris Heidrick, owner and founder of Heidrick & Co. Insurance, will make up the panel of speakers for the seminar. The two experts have decades of experience in the insurance industry. Following the seminar will be an

affiliate business partner trade show offering an opportunity for attendees to network with real estate related industry professionals in areas such as title services, insurance, banking and mortgage, and accounting. The Community House is located at 2173 Periwinkle Way on Sanibel.✱

Designers

herself will make the presentation. Clive Daniel Home was founded in 2011 by father-son duo Clive and Daniel Lubner. The firm has won more than 400 awards for design excellence, including Best New Showroom in the U.S. A first-time Zonta supporter, Clive Daniel Home is recognized as Southwest Florida's premier destination for luxury home furnishings and custom residential and commercial interior design services. With extensive showrooms in Naples and Boca Raton, plus one in development in Sarasota, Clive Daniel Home offers an unparalleled mix of contemporary, traditional and casual designs. Presenting for the firm are principal designers Michael Scott and Thomas Riker. This event is the club's primary fundraiser for 2022 and, through its foundation, Zonta will distribute all proceeds in grants to local nonprofits whose work seeks to empower women. Seating is limited. Tickets are \$75, brunch included. For tickets, visit www.ZontaSanCap.org.✱

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If you ever wanted a pie in the sky price, now is the time. Never has the real estate market been more in your favor. On Monday, in the island Multiple Listing Service, on Sanibel, only 13 condos, 14 homes, & 14 lots are for sale. On Captiva, just 3 condos, 7 homes.

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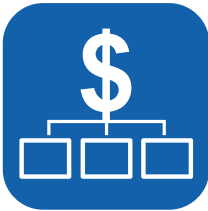
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Dan Levine

photo provided

Recreation Center Offering Pickleball Lessons

The Sanibel Recreation Center is offering pickleball lessons and clinics with Pro Dan Levine. Levine is teaching private, semi-private, 3 and Me lessons, and four- to eight-person clinics. All lessons and clinics must be scheduled in advance.

Private lessons (one person) are \$80 per hour;

Semi-private lessons (two people) are \$50 per person;

The 3 and Me lessons (three people)

are \$35 per person;

Four- to eight-person clinics (four to eight people) are \$30 per person.

To sign up, contact Connor Russell at connor.russell@mysanibel.com or call the Sanibel Recreation Center at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit www.mysanibel.com.

Sporting Clays Charity Fundraiser

The 2nd annual Grampy's Sporting Clays Charity Tournament, in partnership with Kids and Clay Foundation, benefiting Ronald McDonald House Charities (RMHC) SWFL, will be held at Sarasota Trap, Skeet & Clays on Friday, May 13. Registration with breakfast begins at 8:30 a.m.

"Partnering with RMHC SWFL is an easy decision for us," said Jim Castle, founder of Grampy's Charities. "The charities' core programs invest directly in the health and wellbeing of children and their families. We are proud to sponsor this sporting clays event to support the lives of the children who need us most."

A pig roast lunch will follow the tournament, along with bluegrass music, a raffle and auction. Space is limited to 24 teams of four, so early registration is recommended.

Sarasota Trap, Skeet & Clays

is located at 3445 Rustic Road in Nokomis. For information on sponsorships, contact Amy Velez at

437-0202 or amy@rmhcswnl.org. For details on the tournament, visit www.rmhcswnl.org/grampys-sporting-clays.

From page 1B

Town Hall

Center 4 Life building was closed due to COVID-19 and ventilation issues when the pandemic broke out two years ago, and the Island Seniors group had expected to be relocated to the former Sanibel Captiva Community Bank building on Library Way. The plan, however, faced fierce vocal opposition, with some residents labeling Island Seniors a private club that should not require tax dollars to survive.

"It is a 501(c)3 not-for-profit and it's exactly the same as the Rotary Club, the Kiwanis Club, the Lions Club and The Community House, which has been the center for life for this island since 1927," said resident Tommy Williams in opposition to the city remodeling the former bank building for the seniors.

Residents Carol Fallon, Katie Reid and Deborah Butler disagreed, however.

"Growing older is a tough thing, even for those of us who can afford to live and enjoy this beautiful island of Sanibel," said Butler speaking in favor of a new Center 4 Life on Library Way. "We account for the majority of your customers and your major taxpayers. We bring stability and experience. And we're always ready to give advice whether you want it or not. We are the majority of residents, although sometimes we are viewed and even treated as a minority."

The overall quality of life of residents was the focus for Darla Letourneau, who said she hoped that this town hall meeting would be the beginning of a new level of citizen engagement as council prepares to develop a long-range strategic plan.

"I'd like to suggest that the plan be organized with a focus on quality of life," Letourneau said. "While the

Sanibel vision focuses on preserving our small town character and protecting the environment, we need a commensurate focus on the social wellbeing of island residents.

"The city's strategic plan needs to focus on the governmental systems and tools to help us more effectively implement the community's vision. This isn't an either or between the environment and quality of life. We can have both and we need both," Letourneau said.

She added that COVID-19 was a big wake-up call, which exposed outdated government systems designed for the 20th century, not the 21st.

Mask wearing was still a topic of discussion even though they are now only required in city facilities.

"Masks create waste, which affects our environment," said resident Jude Sincoski. "Many, if not all, of us have found discarded masks on the bike path, the side of the road, the beach parking lots. How many of these masks have made it into the gulf?"

She also said that the Sanibel Recreation Center was losing money because many would-be members refuse to join until the mask mandate is lifted.

Several other residents spoke against mask mandates including a former resident of Israel who pointed out that despite quadruple vaccinations, mask mandates and COVID passports, the country broke records for new cases in January.

City councilmembers all expressed appreciation for the good turnout.

"It's been my pledge as a member of council to always listen, and listen to understand," said Vice Mayor Richard Johnson. "And I heard clear messages tonight. And I can't tell you how much I appreciate that."

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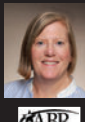
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Pfeifer Realty Group

Mark Pfeifer has been appointed director of operations at Pfeifer Realty Group. Pfeifer graduated from Vanderbilt University with degrees in computer science and mathematics, with a minor in business administration. He has worked as a business consultant in the use of technology and has helped military, government and commercial clients.



Mark Pfeifer

Pfeifer obtained his real estate license in 2014 and later became a certified Luxury Home Marketing Specialist and started teaching agents how to leverage technology to assist their clients and themselves.

Pfeifer moved to Sanibel last year from Denver, Colorado.✧

John Naumann & Associates



Evan duPont



Jeff Barney



Harrell Tolp & Albright team

The top listing agent for January at John Naumann & Associates was Evan duPont. The top sales team was Harrell, Tolp & Albright. The top sales agent was Jeff Barney.✧

Chronic Disease Virtual Program

Lee Health and the Self-Management Resource Center will hold a free virtual research-based chronic disease self-management program for people age 18 and older on Fridays for six weeks beginning March 18 from 9:30 to 11:30 a.m. For more information or to register, call 424-3121.✧

VIP Vacation Rentals

Rebecca Cosentino is the new operations manager at VIP Vacation Rentals.

Cosentino has over 25 years of experience in rental management on Sanibel and Captiva. She will be working with the current team, its property owners and portfolio of guests.✧



Rebecca Cosentino

VIP Realty Group



Deb Smith



Teresa Baker

The top producers for January at VIP Realty Group were Deb Smith, top sales and Teresa Baker, top listings and top producer.✧

Keller Williams Realty

Keller Williams of Fort Myers and the Islands has added Kathy Waite to its team on Sanibel.

After living in New Jersey and New York, Waite fell in love with Florida and made Southwest Florida her home in 2011. She has a background in marketing.✧



Kathy Waite

RE/MAX Of The Islands



Steve Fisher



Maxine Fisher

The top selling and top listing associates for January at RE/MAX of the Islands were Steve and Maxine Fisher.✧

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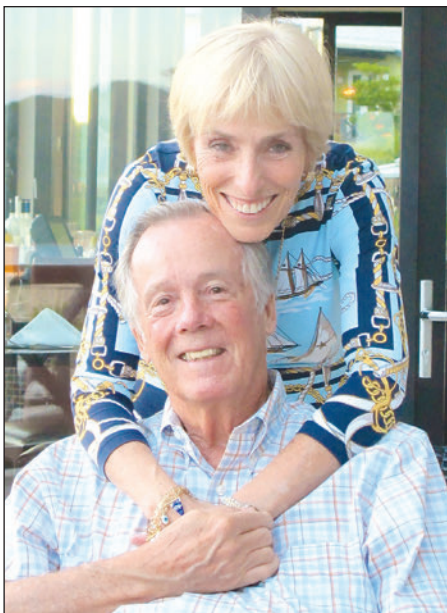


Local Couple To Discuss The Business Of Sailing

Having built a sustainable business for more than 58 years based on their love of sailing, Steve and Doris Colgate will share their secrets to success and stories of sailing adventures around the world at the next business luncheon of the Sanibel & Captiva Islands Chamber of Commerce. The luncheon will begin at 11:30 a.m. on Wednesday, March 9 at Thistle Lodge at Casa Ybel Resort, hosted by Offshore Sailing School.

Steve Colgate founded Offshore Sailing School in Fort Myers in 1964 during his career as an America's Cup and Olympic sailor. He was inducted into the National Sailing Hall of Fame in 2015. CEO and president Doris Colgate, founder of the National Women's Sailing Association and author of *SAILING: A Women's Guide*, joined the operation in 1969. The husband-and-wife team wrote several instructional and inspirational books about sailing and, in October 2021, announced the publication of their biography, *Offshore High* by renowned author and executive editor of *Cruising World* magazine, Herb McCormick.

Partnering with six resorts in Southwest Florida; St. Petersburg, Florida; and the British Virgin Islands, the Colgates offer courses from two-hour introductory lessons to weeklong instruction on topics



Steve and Doris Colgate photo provided

such as liveaboard cruising, coastal navigation and performance racing. Local sailing school campuses include South Seas Island Resort on Captiva, Pink Shell Beach Resort on Fort Myers Beach and Westin Cape Coral Resort at Marina Village & Tarpon Point Marina.

Offshore Sailing School's philanthropic efforts in the past 10 years have generated more than \$175,000 to help the Leukemia & Lymphoma Society find cures for blood cancers. The company also supports several other charitable, artistic and community organizations.

"Get ready for an adventure-inspired

perspective on the workplace from a couple who has created a business model based on something they love," said John Lai, chamber president and chief executive officer. "You can't help but get whisked away by their passion for getting more people enjoying the sailing lifestyle."

The chamber business lunch is a monthly networking opportunity held

at various member locations. Chamber members receive invitations by email. Cost for the luncheon is \$30 for chamber members only. Advance registration is required; walk-ins are not accepted. Register by 5 p.m. on Friday, March 4 at www.sanibel-captiva.org or by calling 472-8255. Payment is due at time of registration.✱

From page 1B

Documentary

among the close community of characters who earned their living on the water, Holaway was able to bring a capsule of island history to life.

"What I was able to do was probably what Dave Jensen originally had planned," said Holaway. "I knew a lot of the old time guides from being here for so long. Some of them aren't here, some of them passed away, but some of them are retired. It was fun to do interviews with those retired guys."

The historical society also worked with film footage in the organization's archives. Recorded interviews with old time fisherfolk who have died, such as longtime Captiva fishing guide Bob Sabatino, a "living legend" according to Holaway, adds rich color to the film. Stories also center on "Ding" Darling's fishing guide, Belton Johnson.

"Another interesting thing is that at least some of the interviews that we have are not just people who came here to fish, it was people who came here and

became fishermen," said Libonate.

Having the assistance of Sneed has allowed CIHS to produce sleek and professional documentaries, underwritten with the support of the organization's Producer's Club, whose members include Jay and Cindy Brown, Dave Jensen and Queenie Viglione, Tony and Angie Lapi, Dan Stegmann and Captiva Rod and Gun Club.

"I think we are known for our documentaries," said CIHS board member Mary Jane Vinson, adding that most are available to be streamed online. "This is our longest one, but we consider it our best."

The film runs one hour and 10 minutes. Limited tickets are available at a cost of \$12, including dessert, soft drinks and water. A cash bar will be available. Visit www.captivaislandhistoricalsociety.org for more information or to order tickets.

Kathy Kurtz Ferrari is a journalist who splits her time between Captiva and the Boston area. If you have any questions or comments, email Kathy.islandsunnews@gmail.com.✱



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From left, John Silvia, Jim Brady, Jamie Reid and Bob Weismann

photos provided

Leadership Class Hears Latest On Local Economy

The Leadership Sanibel-Captiva Program, an initiative of the Charitable Foundation of the Islands, held its Business & Community Prosperity Day on February 2. The morning session was held at The Sanctuary Golf Club with speakers John Talmage, director of Lee County Economic Development Office, and John Lai, president and CEO of Sanibel & Captiva Islands Chamber of Commerce.

Lai and Talmadge spoke about the meteoric rise in the economy of Lee County and Sanibel and Captiva islands. The discussion included how to balance the Sanibel Plan to preserve and protect the natural environment while encouraging local business success. The class then traveled to Tween Waters Island Resort for lunch hosted by Tony Lapi, CFI board member.

The afternoon featured presentations by: Chuck Kettelman, former Sanibel planning commissioner; Tony Lapi; Tamara Pigott, executive director of Lee County Visitor and Convention Bureau; Jamie Reid, principal of The Sanibel School; and Eric Pfeiffer, president of

Pfeiffer Realty Group.

The session was filled with information regarding the history, growth, current conditions and economic forecast for both the islands and surrounding county. The afternoon featured a look at the various iterations of the Sanibel Plan since the 1970s, and the impact the plan has had on growth and development.

Of particular interest to the class was the dramatic impact the islands' success and desirability has had on rising cost of living, shrinking affordable housing for the middle class and dramatic decline in enrollment at The Sanibel School, one of the most academically successful schools in the state of Florida.

The next session will focus on social services including the issues of affordable housing for working class families, the needs of the islands' underserved population and what is being done to address those critical issues.

The purpose of the program is to educate leaders about the challenges and opportunities present on the islands, build connections and collaborations between people and ideas, and prepare and encourage the next generation of leaders to be committed to strengthening and improving the quality of life in the community.

For more information visit www.mycfi.org or call 322-3818.✱



From left, Chuck Kettelman, Tamara Pigott, Tony Lapi, Jamie Reid and Eric Pfeiffer



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- Vaulted ceilings, clerestory windows, updated kitchen with island, remodeled baths, wet bar, plantation shutters, coastal décor, and covered parking

• **\$2,990,000 EURO 2,614,973**

2. BUCK KEY - CAPTIVA

- One of the last remaining buildable tropical islands, Buck Key provides a once in a lifetime opportunity located just across the Roosevelt Channel from Captiva Island. Offering 14.13 acres of stunning land and water frontage along the channel - Develop your own family compound, corporate retreat, private club or wherever your vision takes you.

• **\$22,000,000 EURO 19,457,403**

3. SUNSET CAPTIVA 57 - CAPTIVA

- 2 BR/2 BA plus loft charming home with updated kitchen, vaulted ceilings, fireplace, and multiple lanais
- Community amenities include beach access, pool, tennis, shared dock, fishing pier, and more

• **\$1,399,000 EURO 1,238,674**

4. WEST END CANAL HOME - SANIBEL

- 3 BR/ 2.5BA home on Sanibel's west end with refurbished boat dock & lift
- Cozy coastal style, new roof, new pool pump, offered fully furnished with new furnishings

• **\$1,495,000 EURO 1,316,525**



3



4



5



6

5. REMODELED DIRECT ACCESS BASIN HOME ON LIMPET DRIVE - SANIBEL

- Enjoy one of the island's newest remodeled homes featuring 4 BR/2 BA with completely remodeled interior & exterior, hurricane-rated windows, deep water Gulf access, travertine pool and over \$100k of decorator furnishings
- Completion scheduled for June 2022, more details available

• **\$3,250,000 EURO 2,913,361**

6. BEACH HOME IN THE DUNES - SANIBEL

- 2 BR/2 BA home with updated kitchen, wood ceilings, and a spacious screened porch with views of the private backyard.
- Short walk to the clubhouse, 18 holes of beautifully manicured golf course, restaurant, tennis courts, pool, and nights of entertainment and fun.

• **\$899,000 EURO 795,441**

7. CAPTIVA HIDE-A-WAY - CAPTIVA

- 2 BR/ 2 BA waterfront condo with daily sunrises and a short walk to the Captiva Village and beaches
- Community amenities include boat dock, Bayfront pool, exercise room, grills, and more

• **\$1,350,000 EURO 1,195,177**

8. ONE HOME BACK FROM THE BEACH ON WIGHTMAN LANE - CAPTIVA

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Will Power

Are Special Needs Trusts Always Appropriate?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Carl is a nephew of my clients. He’s 23 years old and has learning and physical disabilities, living with his parents. They were told by several professionals that they should see me about building a Special Needs Trust into their estate plan for Carl. A Special Needs Trust in Florida describes any trust that includes provisions designed to protect a physically or mentally disabled trust beneficiary’s eligibility for need-based government benefits such as Medicaid or Supplemental Security Income (SSI). The trusts include restrictions on how funds may be used so that distributions are not made to pay for items that are supposed to be provided exclusively from government assistance programs for which the beneficiary may qualify now or sometime in the future.

Medicaid has a low ceiling on the amount of a recipient’s countable assets – the limit is approximately \$2,500 this year, and the individual cannot have gross monthly income exceeding \$2,532. Assets held by a Florida Special Needs Trust are not counted for purposes of Medicaid eligibility. The trust agreement typically allows the trustee to distribute income or assets to a beneficiary only if the distribution does not disqualify or diminish a beneficiary’s government benefits.

While trust assets are not counted for eligibility, trust income can be distributed to improve the recipient’s quality of life by paying for living expenses not covered by Medicaid. Medicaid pays for a disabled recipient’s basic needs such as mortgage payments, rent, food and utilities. A Florida Special Needs Trust cannot supplant or duplicate Medicaid’s need assistance. If it does, the trust distributions may disqualify the beneficiary. A Special Needs Trust can supplement the government’s provision of basic needs by providing additional benefits such as personal grooming, clothing and dry cleaning, computers and televisions, musical instruments, companionship, housekeeping and cooking, medical insurance, and medical therapies and equipment.

Are Special Needs Trusts always appropriate? That depends on whether the recipient’s inheritance is sufficient to provide for him for his lifetime. Since Medicaid’s aid is not terribly generous, a wealthy client may wish to forgo the eligibility concerns, and not constrain the trustee from making distributions for fear that it will disqualify the beneficiary. Medicaid is a government program designed to provide for the

less fortunate among us. If a beneficiary is going to be left several million dollars, for example, it might be wise to create a General Needs Trust that can one day be converted into a Special Needs Trust if the situation warrants.

Another factor to consider is whether the beneficiary resides in Florida. If you are a Florida resident but the individual who you wish to help is not, then you may want to direct your attorney to consult with a specialist in the beneficiary’s home state. While Medicaid is a federal program, it is separately administered by each state. Consequently, the requirements may differ. In Florida, for example, your homestead is an exempt asset when determining Medicaid eligibility. Also, most states have a payback requirement, meaning that the state has a claim against the beneficiary’s estate when he dies. If a beneficiary can obtain adequate private health insurance, they are better off with that policy than Medicaid to avoid the payback requirements.

As you can see, there are many factors to consider when determining whether a Special Needs Trust is appropriate in your estate plan for a disabled beneficiary. Rather than directing your attorney to draft one into your plan, first ask if qualifying for government aid is worth the restrictions.

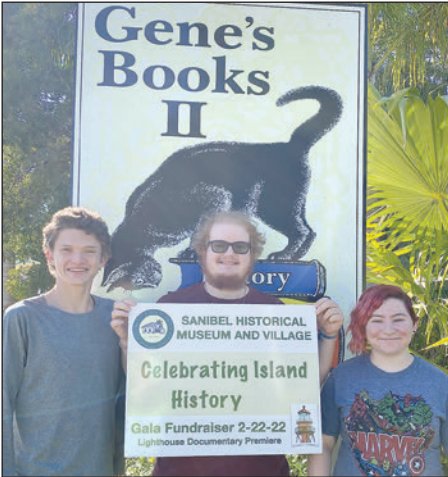
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New Sponsors For Historical Village

Gene’s Books is a gold sponsor of the Sanibel Historical Village Gala Movie Premiere, which was held on February 22 with a showing of the documentary *Secrets & Stories of the Sanibel Lighthouse*. Truly Nolen signed on as a silver sponsor.

“Gene’s Books has sponsored our gala fundraiser every year,” said Executive Director Emilie Alfino. “They are committed to helping us preserve, share and celebrate Sanibel history.

“We work with Truly Nolen on a regular basis, and they have joined in our fundraising event for the first time. We thank and welcome them,” Alfino said.✨



From left, Grant Kaminer, Riley Russell and Cassie Finn of Gene’s Books photo provided

How’s The Market? Ask Ann Supply And Demand On The Islands



Ann Gee Broker/Owner

Let’s take a look at recent sales data on Sanibel; closed sales from January 1 to February 15 of this year. Current inventory continues to be historically low. Only 17 single family homes and 14 condos. Listing prices? For homes, only one listed under \$1,000,000. Considerable interest in 3-bedroom pool homes in updated condition, which are hard to find. The gulfside condo market is very similar. Only two 2-bedroom condos on the market priced under \$1,000,000.

So far this year, 30 single family homes have closed with an average sales price of \$1,578,566. During the same period, 24 condos sold with an average sales price of \$927,414. As a local real estate company, we are seeing an increase in showings from Fort Myers and Cape Coral agents. Personally, I welcome the increased exposure of our listings to a broader audience.

Selling? In light of the current market conditions, I am offering a commission rate of 3% if I personally sell your home. If another agent sells the listing, the rate is 4.5%, allowing us to split the fee. I am also prepared to offer a “short” listing time frame.

A big Thank You from all of us to Carrie Prather, Anna Turner and Sue Plein, co-oping agents, for selling our listings.

9 Closed Sales Going Back One Week: 3 Homes, 4 Condos & 2 Lots			
638 Lake Murex Cir. Vacant Land	\$565,000	800 Sextant Dr. Yacht Haven 2	\$1,475,000
1799 Middle Gulf Dr. Sealoft Village 109	\$830,000	4767 Tradewinds Dr. Vacant Land	\$2,050,000
845 East Gulf Dr. Sanibel Moorings 1332	\$875,000	1266 Par View Dr.	\$2,200,000
458 Lake Murex Cir.	\$935,000	1146 Golden Olive Ct.	\$2,900,000
2475 West Gulf Dr. 106 Tarpon Beach	\$1,060,000		

Have a good week and call me with any comments or questions.

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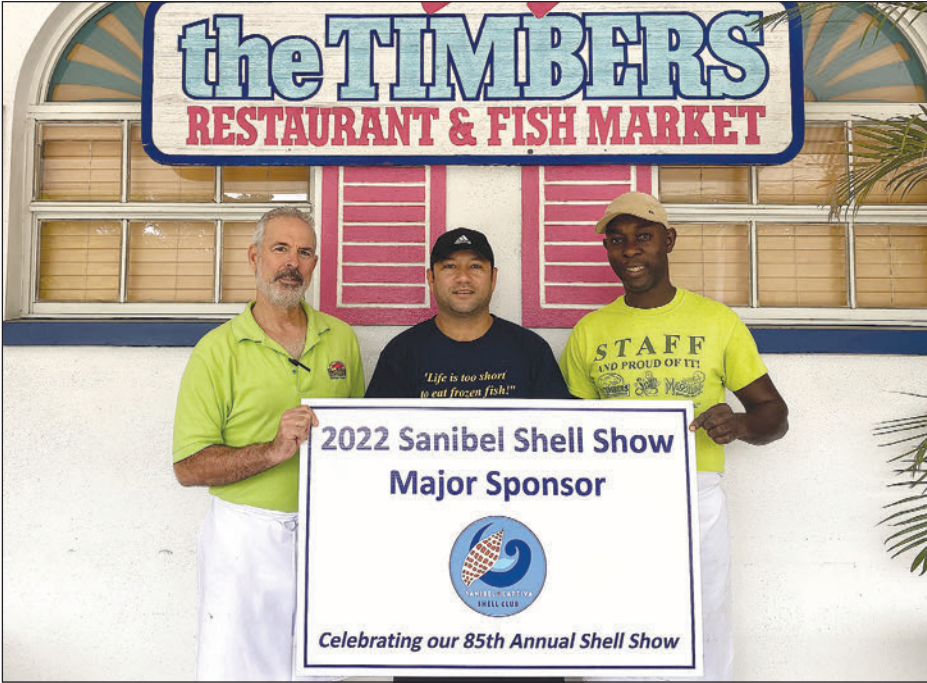
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Shell Club Thanks Major Sponsors

The Sanibel-Captiva Shell Club thanks the following major sponsors of the 85th annual Sanibel Shell Show: Bailey-Matthews National Shell Museum, The Timbers Restaurant & Fish Market, and Sanibel Seashells. The Sanibel Shell Show is part of the Sanibel Shell Festival, which will be held on Thursday, Friday and Saturday, March 3, 4 and 5 at The Community House. Hours are 9 a.m. to 4 p.m. each day. There will be judged scientific and artistic division exhibitions, book signings with local authors, shell crafts and raffle prizes. A \$5 donation is requested to view the shell show inside; your donation includes a bag of local shells hand selected by members of the Sanibel-Captiva Shell Club. Masks are required inside. Shell Crafters will have tents set up outside featuring their works and many varieties of shells for sale. For more information, visit <https://sanibelshellclub.com>.



Bailey-Matthews National Shell Museum
Executive Director Sam Ankerson
photos provided



From left, Mark Blust, Andres Delfin-Reyes and Dieuphen Valcourt of The Timbers Restaurant & Fish Market



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Frankly Speaking



by Howard Prager

If you could break a sports record, whose would you break? The Bambino? The Great Gretzky? Tom Brady (the ink isn't even dry yet!)? Jack Nicklaus or Tiger Woods? What about Roger

Federer or Serena Williams? For me, it would be Babe Ruth, the giant of the game who set so many records in his day. If you're a basketball fan, how about Wilt Chamberlain? DeMar DeRozan did just that. He's one of the new Chicago Bulls additions in the last year and a five-time All-Star. DeRozan shot over 50 percent and scored at least 35 points in seven consecutive games. MJ didn't do that, nor did Shaq, Kareem, or Bird. Then we had the All-star break, so we'll see how long this streak can last. The New York Post reported that, "Last Wednesday (before the All-star break), DeRozan scored 38 points on 16-for-27 (59 percent) shooting — making him the first player in NBA history to score at least 35 points while shooting better than 50 percent from the field in seven consecutive games. He surpassed Chamberlain, who twice in his career achieved the feat in six consecutive games, the last time coming in 1963.

What did you think of the Winter

Olympics? Certainly it was safe, with athletes in a tightly controlled bubble. And being in authoritarian China, it was both a physical and communication bubble, as no one dared raise up any human rights or other concerns. It was great to watch U.S. skater Nathan Chen win the first U.S. men's figure skating gold since 2010, Chloe Kim win her second gold medal in halfpipe and Erin Jackson, the first Black woman to win a speed skating medal, also gold. Mixed feelings as Eileen Gu, an American-born freestyle skier won three medals competing for China, her mother's country. And some sadness and farewells with snowboarder Shaun White just missing a medal in his fifth and final Olympics and American skier Mikaela Shiffrin missing the podium in all five of her events. The Russians are back at their old game, cheating with PEDs. Under scrutiny, brilliant young skater, 15-year old Kamila Valieva fell uncharacteristically several times in her final skate, and the world got to see her coach screaming at her afterwards. Not right. To me, coverage was great from a games standpoint. From a human rights standpoint, not so much.

Closer to home, a press release from the Mighty Mussels announced they have a new managing partner, Jonathan Martin, whom I hope to interview soon. Martin, previously a minority partner, now has the majority interest in the team, switching roles with Andrew Kaufmann, who remains a minority partner and special advisor to Martin. "I couldn't think

of a better person to lead the Mighty Mussels into the future than John Martin. His positive energy and love for the game make him a perfect fit to take over the team," Kaufmann said. "The 2022 promotional schedule is a great example of John's creativity and vision for the club."

Martin, 42, will oversee all club operations while maintaining his role as president of multiple agricultural companies in Illinois. "It's a humbling thought to realize that I have the opportunity to help shape the future of a franchise that has nearly 100 years of history and multiple hall of famers," Martin said. The club's trio of executives remains – with Chris Peters as president, Judd Loveland as general manager and Dan Lauer as vice president of sales and marketing. Peters, Loveland and Lauer have over 50 years of combined experience in minor league baseball, most of which has come in the state of Florida. "As someone who has been familiar with Southwest Florida for over 20 years, it is impossible not to notice the enormous population growth and incredible excitement that can easily be felt in the area," Martin said. "Our Mighty Mussels' team is poised to become one of the premier Minor League Baseball franchises in the United States." Born and raised in Illinois, Martin and his family made a living in agriculture while always maintaining a passion for sports. His earliest baseball memories include laying in a hammock on his family's farm while listening to Cubs games on his portable radio. "If I would've told the 10-year-old version of me that this was even possible, I'm not sure that I could've imagined how it would turn out," he said. "The best word to describe the way I feel about this opportunity is 'humbling.' This is truly a person living out his dreams. I honestly can't wait to get to work at the stadium."

The good news this week is a story from skater Karen Chen. On center ice waiting for the music to begin, "it's only me, my body and my mind and it just hits me that, ugh, I'm doing this by myself. That can be so scary." Yet as The New York Times reports, "A quick touch of her jade rabbit necklace and a glance at her costume remind her that it will be OK because her mother is there with her too." The rabbit was a gift from her

mother, her Chinese zodiac sign. Her costume was hand stitched, down to every glittering jewel, by her mother. "At this level of the sport, dresses can cost several thousand dollars or more, and a homemade dress that is made and fits well is a rarity." How did it come about? "When she was 7 she needed a costume and her mother bought one at the rink's pro shop. But Chen complained about it being too itchy and didn't fit well." Her mother wouldn't let her out of wearing it, but afterwards took apart the dress to learn how it was made, then put it back together so it would be more comfortable for her. Her mother's effort and sacrifices helped her reach the top of her sport. "I was so young and needed so much help, I couldn't have done it without her." Her mother spent 20 hours a day, four days straight, making her Olympic outfit. "I wanted to make something special and won't have this opportunity in the future" (when she retires from skating). Here's to the sacrifices all parents make to support their kids' dreams.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, is offering a free autism spectrum disorder (ASD) screening for toddlers 18 months to age 5 on Friday, March 18 from 9 a.m. to 2 p.m. at the Pediatric Specialist Office.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced practice registered nurse, who has extensive training and experience in typical child development and developmental disorders.

The Pediatric Specialist Office is located at 15901 Bass Road, Suite 102, in Fort Myers. A physician referral is not required. To schedule a screening, call 343-6838.

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SPORTS QUIZ

1. Which of the placekicking Zendejas brothers had the most career NFL regular-season field goals made: Max, Joaquin or Luis?
2. Name the Baseball Hall of Famer and five-time World Series champion who pitched a perfect game on May 8, 1968, while a member of the Oakland A's.
3. In what 1984 fantasy film did Basketball Hall of Famer Wilt Chamberlain play a warrior named Bombataa?
4. What Buffalo Sabres player won the Vezina Trophy for best goaltender six times from 1993-2001?
5. Since 1977, what sporting goods manufacturer has supplied the official baseball used by Major League Baseball?
6. Name the soccer legend from the Netherlands who is credited with saying, "If you can't win, make sure you don't lose."
7. What team defeated Stanford 49-0 in the inaugural Rose Bowl game held in 1902?

ANSWERS

1. Luis, with 37 (Max had 34, Joaquin had zero). 2. Jim "Catfish" Hunter. 3. "Conan the Destroyer." 4. Dominik Hasek. 5. Rawlings. 6. Johan Cruyff. 7. The Michigan Wolverines.

CASI Breakfast With Commissioner

Lee County Commissioner Kevin Ruane was the speaker at the Condominium Associations of Sanibel Island (CASI) breakfast meeting at Sundial Beach Resort recently. Ruane discussed many topics of interest with members.*



From left, Commissioner Kevin Ruane, CASI President Linda Naton and Vice Mayor Richard Johnson photos provided



From left, Doreen Ruane, Mayor Holly Smith, Melanie Holliday of Rapid Response Team (breakfast sponsor), Linda Naton and Julie Smith



From left, Dr. George Rapp of Sanibel Seaside, Melanie Holliday, Chuck Schrup and Steve Lame of Sanibel Seaside



From left, Jon Lai of Sanibel & Captiva Islands Chamber of Commerce, Tamara Pigott of Lee County Tourist Development Council and CASI Coordinator Jane Michaud



From left, Linda Naton with Carol and Mel Gregg of Sand Pointe

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Health First

Staying Relevant



by Julie
Rosenberg, MD

Are there days when you feel like you are not relevant? Do you feel unneeded? Unheard?

Staying relevant means staying connected, affiliated and being part of

something bigger than oneself. Staying relevant is important for our sense of wellbeing.

However, as we age, staying relevant may become more difficult. Why? As our adult children leave home, they generally have less need or desire for our help as parents. (In fact, they may advise us that they do not want our unsolicited advice!) Additionally, when we retire from work, contact with former colleagues may lessen or cease, and well-developed work skills may diminish.

So, how can you stay relevant at any age?

Stay Involved – Find a cause or an organization that is important to you. Position yourself to contribute by offering time, advice or assistance with mission-critical activities. Did you know that volunteering is an effective way to battle feelings of irrelevancy and loneliness?

In addition, staying involved with generations of family and friends (old and

new) will also help keep you engaged and relevant. Your insights and perspective can help broaden the thinking of the younger generation.

Stay in shape – Physical activity typically declines as we get older, although the value of lifelong activity cannot be underestimated in terms of health and longevity. Keeping in shape as we age can prevent the onset or worsening of many health problems including heart disease, osteoporosis, obesity, depression and diabetes. By staying active, we position ourselves to maintain our independence. Staying fit, mobile, independent and highly functional despite our age is key to staying healthy and relevant.

Stay positive – Aging is an inevitable journey. Studies have shown that negative affect increases risk of cognitive decline and dementia. In contrast, life satisfaction, positive affect and purpose in life have been associated with a reduced risk of dementia. Therefore, regardless of what life has handed you, it pays to stay positive. Having a positive outlook on aging focuses your mindset on happiness and satisfaction, rather than the potential challenges of growing old.

Keep learning – Be a continuous learner. Learn by seeing, doing, reading, traveling and interacting. There are many opportunities to learn, including: online courses, reading, listening to podcasts, traveling or enrolling in adult education courses. Studies have shown that aging individuals sharpen their expertise and their cognitive abilities at the same time when engaging in lifelong learning.

You can also learn new skills by taking

up a hobby. In fact, a 2015 study from the Mayo Clinic evaluated the benefits of several activities in middle and old age and found that engaging in a creative hobby helped reduce risk of dementia and preserve memory.

So, keep learning. Learn by whatever means are at your disposal and share your new discoveries and experiences with others to boost social relationships and stave off loneliness.

Invest in yourself – The adage, “You can’t take it with you,” is true. When calculating a retirement budget, earmark monies for yourself in support of your overall wellbeing. Investing in yourself is not selfish, nor does it need to be extravagant or expensive – but it should be for you and about you.

Do you like golf or tennis? Consider joining a club. Are your joints feeling stiff? Get a massage. Tired of the “same old thing” for dinner? Take a cooking class (you’ll also learn a new skill). Do you love traveling? Plan and embark on a dream trip. Spend time enjoying yourself, while refreshing your mind, body and spirit. You’re worth it.

In summary, it’s important to find ways to stay relevant and connected as we age. Maintaining social engagements, keeping in shape, having a positive outlook and partaking in lifelong learning can give aging adults a greater sense of purpose, belonging and motivation throughout their lifespan.

Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more

information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email inquiries to info@drjulierosenberg.com.✱

Healthcare Staff Earns Certification

The staff at Hope Healthcare recently completed the LGBTQ+ Cultural Competency Training through SAGECare, achieving Platinum Level status for 2022.

SAGECare is a division of SAGE, the country’s oldest and largest nonprofit organization dedicated to improving the lives of LGBTQ+ older adults. SAGECare provides LGBTQ+ competency training and consulting on LGBTQ+ aging issues to service providers such as Hope Healthcare. Since 1978, SAGE has been serving and advocating for LGBTQ+ aging populations. In 2010, the U.S. federal government tapped SAGE to lead in creating a comprehensive, national cultural competency training program for their aging network. It has since trained over 10,000 providers across the country.

“At Hope, we recognize the importance of understanding and communicating with all individuals, families, caregivers and loved ones on a deeper, meaningful level,” said Samira K. Beckwith, president and CEO of Hope Healthcare. “Our team’s commitment to continuing education and professional development ensures we offer the highest level of compassionate care possible for our community.”✱

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the people who need us.



—by Brynn, *The Sanibel School*

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In honor of FISH’s 40th Anniversary, students at The Sanibel School created works of art showing the importance of helping neighbors and family. We are inspired by their wonderful art and their clear understanding of how small acts of kindness can make a big difference. The future of FISH—and our young neighbors—is promising indeed.



FULFILLING THE PROMISE OF NEIGHBORS HELPING NEIGHBORS

dearRPharmacist

Five Natural Inhibitors For Heart Health



by Suzy Cohen, RPh

Dear Readers: The topic of blood pressure has become very important now because heart attacks, strokes, myocarditis, hypertension and

other cardiovascular conditions are on the rise.

One of the most effective and popular categories of medication to help support these diseases are called ACE inhibitors. ACE stands for angiotensin-converting enzyme.

The ACE receptor is where the spike protein (from coronavirus itself, or the vaccines) bind to, and enter the cell. ACE receptors sit on cells in the nose, mouth and lungs, which explains the potential respiratory distress with the virus. The ACE receptors are all over the body and in super high concentrations in the heart tissue. The enzyme is partially responsible for maintaining blood pressure.

The ACE inhibitor medications are a blockbuster category including these popular agents: lisinopril, enalapril, captopril and ramipril.

There are natural herbal extracts that act like ACE inhibitors but they're not as strong as the medications. If you see

something below, ask your doctor if it's right for you. Start low and go slow with any new food supplement and always garner your physician's blessings.

Here are five strong natural ACE inhibitors, in alphabetical order:

1. Garlic – Garlic, a delicious spice that you can cook with, is also a natural ACE inhibitor. It helps to dilate arteries and supports the health of your heart, blood vessels and immune system.

2. Grape Seed Extract – The delicious grapes and their skins show ACE inhibition and you can also find dietary supplements of grape seed extract. It helps with cytokine balance too. Grapes are so easy to incorporate into your diet. In a study evaluating the benefits, grape seed extract significantly reduced systolic and diastolic blood pressure over six weeks.

3. Lion's Mane mushroom – This is a mushroom you can eat and sauté, plus it's found in high-quality memory dietary (nootropic) supplement formulas. Most people know it is useful for the brain, but did you know it has mild ACE inhibition activity? Taking a comprehensive medicinal mushroom blend could help support your entire cardiovascular system.

4. Pomegranate Juice – We've known for about 20 years that pomegranate juice is an ACE inhibitor. Drinking it is easy and delicious, however don't combine it with warfarin (Coumadin) or other anti-hypertensives

5. Royal Jelly – Worker honeybees produce a white-colored secretion that is used to nurture their Queen bee, and you can find this in dietary supplements of "royal jelly" at health food stores. Obviously, do not take this if you're allergic to bees.

Caution... While life-threatening

occurrences of hyperkalemia (high potassium) are extremely rare, I still want you to be aware that ACE inhibitor drugs cause your body to retain potassium. So you should minimize or avoid eating too much of potassium-rich foods. For example, spinach, tomato sauce, bananas and others. Salt substitutes are often made of potassium, so those should be avoided as well if you take ACE

inhibitors. If you'd like to read the longer version of this article with more tips, sign up for my newsletter at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I have a younger sibling who is emotionally and developmentally delayed. She can be difficult and nasty to me. Her temper is explosive at times and she is very childlike even

though she is an adult. Any thoughts on how I can deal with her?

A: With your sibling's developmental delay, her emotional well-being is not at the level of her peers. While she is an adult, she should still qualify for special services through medicare or medicaid.

If she has any mentors or coaches, perhaps you can work with them on some ways to handle natural

consequences when she treats you in an unacceptable way. If she does not have assistance, you can change your behavior by setting healthy boundaries with her so she understands what is acceptable and not.

Natural consequences are a great way to be in control and not let her control you through her inappropriate behavior. Is she taking any medication for her mood? Sometimes this can take the edge off and help calm her. If she has no assistance from others who work with the disabled, I would look into some organizations that she can belong to, so she learns appropriate behavior not only with you but with everyone. One you might want to contact is National Alliance on Mental Illness (www.nami.org).

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

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Doctor and Dietician

Chia Seeds Not Chia Pets



by Ross Hauser, MD
and Marion Hauser, MS, RD

We recently received a baby Yoda Chia Pet as a Christmas gift from our nephews – wow, who knew those were still around!? Ch-ch-ch-chia! But seriously, the Chia Pet reminded us about Chia seeds, so we thought we would share some information about them. You have likely heard about them and/or seen chia seed puddings and the like on various menus around town.

What are chia seeds? Chia plant is related to the mint plant and is native to Guatemala and Mexico, where most of the world’s supply originates. Although chia seeds are relatively new to the U.S. market, they have been used for years by native people for

medicinal and culinary purposes. The word “chia” comes from the Aztec word “Chian” which means oily. Most people do not realize that chia seeds contain fats – primarily omega-3 fatty acids, particularly alpha-linolenic acid (ALA) and some omega-6s. These essential fatty acids are packed with nutrients, such as calcium, phosphorus and zinc, as well as fiber and protein.

Why add chia seeds to your diet? There are many reasons to think ch-ch-ch-chia! The alpha-linolenic acid (ALA) in chia seeds can be cardio-protective and lower heart disease risk by 10 percent, as well as aid in blood pressure control. Also, by providing fiber to the diet, chia seeds help stabilize blood sugar, promote feelings of fullness, may help lower cancer risk, as reported in a study published in the *Journal of Molecular Biology*, which showed that ALA slowed the growth of breast and cervical cancer cells, as well as promoted cancer cell death in liver cancer cells. Finally, chia seeds are loaded with antioxidants, which we know help heal us from free radical exposure, naturally stimulating healthy skin and overall health.

How to incorporate chia seeds into your diet? We find that we use chia seeds in a variety of ways. One cool way is as an egg substitute: one tablespoon of chia seeds in three tablespoons of water, let it sit for about five minutes allowing the seeds to form a gel, and this can be used as one egg in baked goods. This is good

to have on hand to use if you run out of eggs or if you have an egg allergy/intolerance. We also like to make chia pudding. Our latest favorite, coconut chia pudding, involves ¼ cup chia seeds, 2 tbsp. shredded unsweetened coconut, 1 ¼ cups coconut milk, 1 tsp. vanilla, 1 tbsp. maple syrup. Mix all ingredients in a bowl and let sit on counter for 10 minutes, stirring every couple of minutes. Cover and place in fridge to firm for at least one to two hours. Served topped with berries and/or coconut chips. We like to use little mason jars for these puddings so we can take them on the go with us for a healthy snack at work.

We also like to add chia seeds to our

post-workout smoothies, sprinkle them on salads, stir them into oatmeal or muffin mixes, add them to “overnight oats,” as well as sprinkle them on top of savory food.

Chia seeds may be tiny, but they pack a lot of nutritional value. Pick some up and add a little ch-ch-ch-chia for fiber, protein, healthy fats, vitamins and minerals.

*This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.**

Beautifulife: Anyway



by Kay Casperson

I recently cleaned out my home office of the many books I had acquired over the years. We decided to have a Beautifulife Book Nook at our spas. Many people are looking for a good read while visiting

the islands. The bookshelves inspire visitors to grab a book, pass it on or give one back because relaxation and reading go together.

While going through the books that I would donate to the shelves, I found one I was inspired by years ago. This particular book is called “Anyway” *Finding Personal Meaning in a Crazy World* by Kent Keith. Some of you have most likely read this book, but I find that this is an excellent time to revisit this particular message.

The idea of the book is that even though the world and things seem crazy, we can still find personal meaning and happiness. These are called The Paradoxical Commandments. A paradox is an idea that is contrary to popular opinion. It might contradict common sense but may still be valid.

We should all do what we believe to be the right thing. In a nutshell, this is what freedom is about, finding our own sense of personal meaning and truth without the approval of others.

Although we cannot control many things around us, we have the power over our inner peace and happiness, leading to our best and most beautiful life.

These are the Paradoxical Commandments:

People are illogical, unreasonable and self-centered. Love them anyway.

If you do good, people will accuse you of selfish, ulterior motives. Do good anyway.

If you are successful, you will win false friends and true enemies. Succeed anyway.

The good you do today will be forgotten tomorrow. Do good anyway. Honesty and frankness make you

vulnerable. Be honest and frank anyway.

The biggest men and women with the biggest ideas can be shot down by the smallest men and women with the smallest minds. Think big anyway.

People favor underdogs but follow only top dogs. Fight for a few underdogs anyway.

What you spend years building may be destroyed overnight. Build anyway.

People really need help but may attack you if you help them. Help people anyway.

Give the world the best you have, and you’ll get kicked in the teeth. Give the world your best anyway.

No matter how crazy the world or your own personal life seems, you can turn your attitude, happiness and true success around pretty quickly.

All you have to do is to follow some simple suggestions. Love people, do good, be honest, think big, fight, build, help and give the world your best!

My affirmation for you this week is: “I will trust my heart to do the right thing without the validation of others.”

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.*

Chronic Pain Workshops

Lee Health and the Self-Management Resource Center will hold a free research-based chronic pain self-management program for six weeks beginning March 16 from 1 to 3 p.m.

The virtual sessions, titled It’s All About You, will help participants become empowered to improve their quality of life. Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

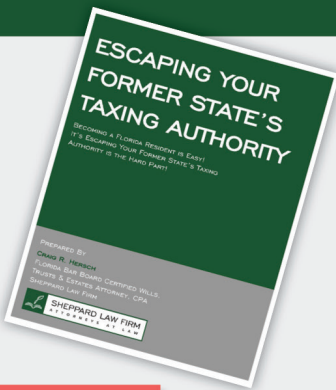
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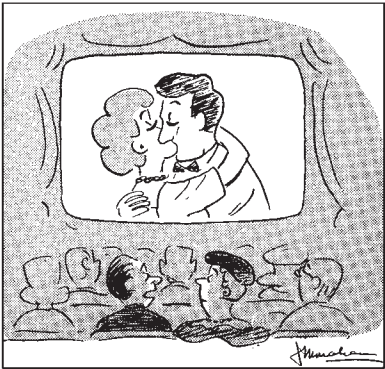


Emergency	911
Sanibel Police.....	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy.....	477-1000
Fire Department, Sanibel	472-5525
Fire Department, Captiva	472-9494
Florida Marine Patrol.....	332-6966
Florida Highway Patrol	278-7100
Poison Control.....	1-800-282-3171
Chamber of Commerce.....	472-1080
City Council	472-4135
City Building Department.....	472-4555
City Manager	472-3700
City Planning & Code Enforcement Department	472-4136
City Public Works	472-6397
Library, Sanibel	472-2483
Library, Captiva	239-533-4890
Lee County Mosquito Control	239-694-2174
Post Office, Sanibel	472-1573
Post Office, Sanibel (toll free)	800-275-8777
Post Office, Captiva.....	472-1674
Sanibel Community House.....	472-2155
Center 4 Life, Senior Center.....	472-5743
ARTS	
Arcade Theater.....	332-4488
Art League Of Fort Myers.....	275-3970
BIG ARTS.....	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony.....	277-1700
Herb Strauss Schoolhouse Theater.....	472-6862
Lee County Alliance for the Arts	939-2787
Naples Philharmonic.....	597-1111
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.org
Southwest Florida Symphony	418-0996
Symphonic Choral of Southwest Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA.....	http://abwasanibelcaptiva.org
American Legion Post 123.....	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon of SWFL.....	https://www.audubonswfl.org/
Audubon Society.....	472-3744
Bailey-Matthews National Shell Museum	395-2233
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW, Clinic For The Rehabilitation of Wildlife.....	472-3644
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH OF SANCAP 24-hr service.....	472-0404
Horticultural Society of the Islands.....	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
JN "Ding" Darling National Wildlife Refuge	472-1100
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald.....	302-521-1158
Master Gardeners of the Islands	472-6940
Military Officers Assc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club.....	472-0836
PAWS, Protection of Animal Welfare Society	239-313-6918
Progressive Club of the Islands	pcisancap@gmail.com
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.....	470-2866
Sanibel-Captiva Orchid Society.....	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus.....	395-0819
Sanibel-Captiva Shell Club.....	267-7291
Sanibel Historical Museum & Village	472-4648
Sanibel Island Fishing Club	472-8994
Sanibel Youth Soccer.....	395-2040
SCCF Sanibel-Captiva Conservation Foundation.....	472-2329
SCCF Sea Turtle Hotline.....	978-728-3663
Shell Islands Garden Club	246-8875
United Way of Lee County - 24 hour helpline 211	433-2000
Zonta Club	728-1971

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PUZZLES

Answers on page 31B



"Now, that's what I call _____."
They're married in real life, you know."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Within
DRAWIN [] [] [] []

Sparse
AMERGE [] [] [] []

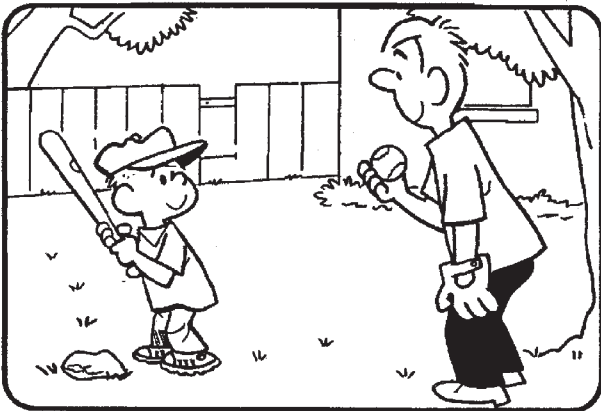
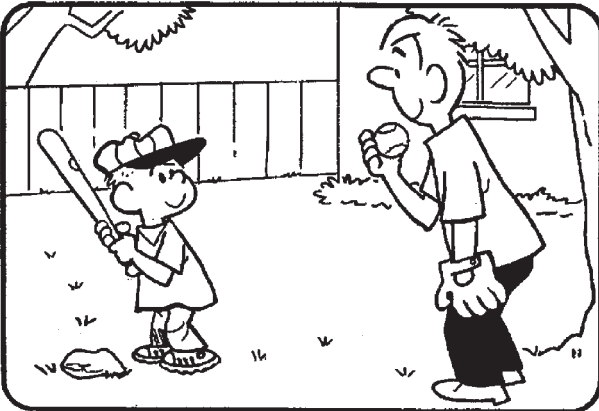
Touch
SCARES [] [] [] []

Beyond
TEDIOUS [] [] [] []

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Cap is different. 2. Shirt is slimmer. 3. Fence board is missing. 4. Arm is lowered. 5. Panes are missing. 6. Glove is different.

		2	3	7			9	
3					9			1
	4			8		2		
2	6				7			8
		8	6				4	
	9			5		3		
	5				2	9		
7			5				8	3
		1		9				2

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 31B

Super Crossword

MUNICIPAL APPLICATION

- ACROSS**

1 "Cabaret" performer Sally

7 Allowable

15 Egg-beating utensil

20 Carey of pop

21 Red wine, in Rouen

22 Sonja on ice skates

23 Start of a riddle

25 Western flick, in old slang

26 Like arias and anthems

27 "Go back to zero" button

28 Halloween's mo.

29 Titan orbits it

30 Other, to Juanita

32 Bible book before Jeremiah

34 Kingly title

35 Perp pursuer

38 Riddle, part 2

43 Giraffe's kin

45 Writer — Hubbard

46 1998 Disney musical set in China

47 Riddle, part 3

52 Rubber-stamping item
- 56 No, to Nabokov

57 Worn-down pencils, e.g.

58 Raise, as a building

61 Pie — mode

62 Maestro Kurt

64 Actress Debra

66 Second-rate flick

68 Riddle, part 4

73 Within easy reach

74 Sports facilities

75 Rudely brief

76 Chomp on

77 Begin

78 "Der —" (Konrad Adenauer's nickname)

80 General — chicken

83 Canonized Italian theologian

86 Riddle, part 5

90 Composer John Philip —

93 John Candy's old skit show

94 Bath sponge

95 End of the riddle

102 — -Ops (CIA tactics)

103 QED part
- 104 Nobel-winning "Mother"

105 Sleep furniture

107 Paid a visit

109 Feline cry

110 Credit card draw

113 Beef quality grader: Abbr.

117 Old arcade company

118 Riddle's answer

121 Like a well-pitched game

122 Audits, as a course

123 Actress Fawcett

124 Vestige

125 Mini-dictionary

126 Having soft, loose flesh
- 8 Funny — (racehorse)

9 Tech news website

10 Suffix with west

11 San Luis —, Mexico

12 Florence native, e.g.

13 Self-obsession

14 Rock's — Leppard

15 Horse halter?

16 Circuit-cooling device

17 Get a gut feeling about

18 With 39-Down, John Muir was its first president

19 Unit of corn

24 Briny bodies

29 Movie critic Gene

31 Taunt in good humor

32 "Money — object"

33 Lead-in to puncture

35 McCarthy lawyer Roy

36 Allowable

37 Sidewalk materials
- 39 See 18-Down

40 Meal scraps

41 Phone book listings: Abbr.

42 Skillet or wok

44 Wall-breaching bomb

48 "Movin' —" ("The Jeffersons" theme)

49 Most chaste

50 Group of brainiacs

51 Therefore

53 Store selling latex

54 "That is — ask"

55 "— Yankees"

59 Conger, e.g.

60 Like pizza

63 Articulate

64 Girth

65 Here, in Arles

66 Life story, in brief

67 Table — (pair's seating)

68 "— -Team" (2010 movie)

69 Cole — (footwear brand)

70 Tony winner Hagen

71 Citrusy

72 Amish "you"

77 Like prurient material
- 78 Joking Johnson

79 Tax

81 Clumsy sorts

82 Hotel visit

84 Mysterious

85 Hulk player Ferrigno

87 This, to Juan

88 I, to Merkel

89 Inuit vehicle

91 Cow or hen

92 Letters sent by plane

95 Pour, as wine from a bottle

96 Speechifier

97 Steinway rival

98 Really must

99 Sneaker brand

100 Lyft rival

101 Accompany to the airport, perhaps

106 Old Toyota

108 Chomp on

110 Penta- plus four

111 — about (roughly)

112 Big Apple blaze-control org.

114 Balkan native

115 Lacking color

116 Lacking color

118 Chinese menu abbr.

119 Family gal

120 Comrade

1	2	3	4	5	6		7	8	9	10	11	12	13	14		15	16	17	18	19	
20							21									22					
23							24									25					
26					27						28				29						
			30	31						32				33			34				
35	36	37		38			39	40	41							42					
43			44				45						46								
47					48	49					50	51			52			53	54	55	
56					57						58			59	60				61		
			62		63					64	65						66	67			
68	69						70	71								72					
73						74								75							
76					77							78	79				80		81	82	
83				84	85				86		87	88					89				
				90			91	92			93					94					
95	96	97							98	99					100	101			102		
103						104									105			106			
107					108			109				110	111	112				113	114	115	116
117							118				119						120				
121							122									123					
124							125									126					

King Crossword

- ACROSS**

1 Fine, to NASA

4 "Misery" star James

8 Garbage barge

12 — -mo (replay speed)

13 Taj Mahal city

14 Ocean motion

15 Sunbather's goal

16 Insect organ

17 Oklahoma city

18 Patsy Cline song

21 Shoe width

22 Little rascal

23 Brilliance

26 6 on a phone

27 Gaiety

30 "Dream on!"

31 Ginormous

32 Flintstones' pet

33 Abolish

34 Curse

35 Summoned with a beeper

36 Frenzied

37 Jewel

38 Words of empathy

45 Made into lumber

46 Drescher or Tarkenton

47 TV schedule abbr.

48 Currier's
- partner

49 Plane-related

50 Debussy's "La —"

51 Antitoxins

52 Lincoln in-law

53 Farm pen
- 8 Precipitous

9 Title akin to POTUS

10 "Garfield" dog

11 Marries

19 Piece of lettuce

20 "As I see it," via text

23 Hearing thing

24 Hit CBS series

25 Cover

26 Blend

27 Pear-shaped fruit

28 French article

29 Affirmative
- action?

31 Adipose tissue

32 Slightly wet

34 Chum

35 Anise-flavored liqueur

36 High-IQ group

37 Sentry

38 Egyptian deity

39 Top choice, for short

40 Pitcher

41 Crunchy cookie

42 \$ dispensers

43 "Yeah, right!"

44 Not even one

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Q N K H E B Y V E S P M J H E
B Y V T Q O S R E V E L I G D
B Y W T R P M S K N A I F D B
Y W U I (T U B M A N) T H O N Y
S Q O E H M K D O L S I C F D
B Z B O N D E T X K G W U S Q
O W I L K I N S R N L U J H F
D C U L R A A A A Y W T O V T
S A M F T Q P P G P N U L D K
P I H S I O B U D F E T C B Z

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: ROSA —

- Anthony

Bond

Chavez

Douglass
- Du Bois

Evers

Friedan

Gandhi
- MLK

Paine

Paul

Stanton
- Tubman

Tutu

Wilkins

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FRIDAY

Sunny


High: 74 Low: 62



SATURDAY

Mostly Cloudy


High: 76 Low: 66



SUNDAY

Partly Cloudy


High: 75 Low: 64



MONDAY

Mostly Cloudy


High: 77 Low: 67



TUESDAY

Partly Cloudy


High: 75 Low: 63



WEDNESDAY

Cloudy

High: 72 Low: 62



THURSDAY

Cloudy

High: 75 Low: 63

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	7:17 pm	2:58 am	None	None	Fri	6:22 pm	3:00 am	None	None	Fri	7:13 pm	2:41 am	None	None	Fri	9:27 pm	6:14 am	None	None
Sat	8:48 pm	4:12 am	None	None	Sat	7:53 pm	4:14 am	None	None	Sat	12:11 pm	3:48 am	9:05 pm	3:05 pm	Sat	10:58 pm	7:28 am	None	None
Sun	10:09 pm	5:10 am	None	None	Sun	9:14 pm	5:12 am	None	None	Sun	12:08 pm	4:50 am	10:28 pm	4:15 pm	Sun	None	8:26 am	None	None
Mon	1:41 pm	5:57 am	11:15 pm	4:36 pm	Mon	12:46 pm	5:59 am	10:20 pm	4:38 pm	Mon	12:22 pm	5:42 am	11:24 pm	5:16 pm	Mon	12:19 am	9:13 am	3:51 pm	7:52 pm
Tue	1:48 pm	6:35 am	None	5:36 pm	Tue	12:53 pm	6:37 am	11:15 pm	5:38 pm	Tue	12:44 pm	6:25 am	None	6:08 pm	Tue	1:25 am	9:51 am	3:58 pm	8:52 pm
Wed	12:10 am	7:07 am	1:57 pm	6:28 pm	Wed	1:02 pm	7:09 am	None	6:30 pm	Wed	12:09 am	7:04 am	1:09 pm	6:57 pm	Wed	2:20 am	10:23 am	4:07 pm	9:44 pm
Thu	1:00 am	7:33 am	2:07 pm	7:16 pm	Thu	12:05 am	7:35 am	1:12 pm	7:18 pm	Thu	12:50 am	7:39 am	1:37 pm	7:45 pm	Thu	3:10 am	10:49 am	4:17 pm	10:32 pm

My Stars ★★★★★

FOR WEEK OF FEBRUARY 21, 2022

Aries (March 21 to April 19) Your ideas are finally reaching those who can appreciate them. But don't expect any immediate reactions. That will come later. Meanwhile, a personal matter needs your attention.

Taurus (April 20 to May 20) Your energy levels are rising, and you're feeling restless and eager to get into some activity, whether it's for profit or just for fun. In either case, the aspects

are highly favorable, so go for it.

Gemini (May 21 to June 20) A relationship seems to be winding down from passionate to passive. It's up to you to decide what the next step will be. But don't wait too long to take the initiative. Delay could create more problems.

Cancer (June 21 to July 22) A decision looms. But be very sure that this is what you really want before you sign or say anything. Once you act, there'll be little or no wiggle room for any adjustments.

Leo (July 23 to August 22) Money matters improve, but you still need to be cautious with your spending. Also, set aside that Leonine pride for a bit and apologize for contributing to that misunderstanding.

Virgo (August 23 to September 22) A tempting financial situation could make the usually unflappable Virgo rush in before checking things out. Be alert to possible hidden problems. Get the facts before you act.

Libra (September 23 to October 22) It's nice to know that you're finally

getting due credit for your efforts. You also should know that new opportunities will follow. A family member brings important news.

Scorpio (October 23 to November 21) Any uncertainty that begins to cloud an impending decision could signal a need to re-examine your reasons for wanting to take on this commitment.

Sagittarius (November 22 to December 21) You benefit from taking time out of your currently hectic schedule to do more contemplation or meditation. This will help re-energize

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you, both in body and soul.

Capricorn (December 22 to January 19) Nursing hurt feelings can zap the energies of even the usually self-confident Sea Goat. Best advice: Move forward. Success is the best balm for a painful ego.

Aquarius (January 20 to February 18) A display of temperament surprises you, as well as those around you. It could be all that pressure you're under. Consider letting someone help you see it through.

Pisces (February 19 to March 20) Some things don't seem to be working out as you'd hoped. Don't fret. Instead, take some time out to reassess your plans and see where changes could be made.

Born This Week: You enjoy traveling and meeting people. You are especially good with children and would make an excellent teacher.

MOMENTS IN TIME

- On March 6, 1776, a committee of the New York Provincial Congress instructs Major William Malcolm to dismantle the Sandy Hook lighthouse to prevent the lighthouse from helping the

British by warning ships of the rocky shore. He succeeded.

- On March 3, 1845, Congress reins in President John Tyler's zealous use of the presidential veto, overriding it with the necessary two-thirds vote. This marked Congress' first use of the Constitutional provision allowing veto overrides.

- On March 1, 1932, Charles Lindbergh, Jr., the 20-month-old son of aviation hero Charles Lindbergh, is kidnapped from the family's new mansion in New Jersey. The baby's body was found a mile from the home. One of the \$70,000 ransom bills was discovered and tracked to a German immigrant. He was tried, convicted and electrocuted in 1936.

- On March 4, 1944, Louis "Lepke" Buchalter, the head of Murder, Inc., is executed at Sing Sing Prison in New York. Lepke's downfall came when several members of his notorious killing squad turned into witnesses for the government.

- On Feb. 28, 1953, Cambridge University scientists James Watson and Francis Crick announce that they have determined the double-helix structure

of DNA, the molecule containing human genes. The molecular biologists were aided significantly by the work of another researcher, Rosalind Franklin, although she did not share the subsequent Nobel Prize.

- On March 5, 1963, the Hula Hoop, a hip-swiveling toy that became a huge fad across America when it was first marketed by Wham-O in 1958, is patented. An estimated 25 million Hula Hoops were sold in its first four months of production.

- On March 2, 1978, two men steal the corpse of the film actor Charles Chaplin from a cemetery in Switzerland. Chaplin's wife refused to pay the \$600,000 ransom and police later arrested two auto mechanics who were convicted of grave robbing and attempted extortion.

NOW HERE'S A TIP

- Store plastic wrap in the refrigerator, or even the freezer, to keep it from sticking to itself.

- "Take your medication tablets on a spoonful of your favorite yogurt! Place the pills on top of yogurt and they slide down. Follow with a second spoonful

and smile." – A Reader in Pennsylvania

- Do you have a screw loose... in your eyeglasses? This is an easy fix. Paint the screw with a dab of clear nail polish and quickly re-screw. It works like glue. Dab the top of the screw for a little extra insurance.

- "I purchased a roll of reflective tape to mark our basement stairs. It reflects the light from the open doorway at the top of the stairs, and I can turn the downstairs lights off before heading up. I had some left over, so I put a strip on my dog's collar. When I let him out at night, I can shine a flashlight and spot him instantly, since the tape is more visible in the night." – VR in Pennsylvania

- If you're leaving your home for a few days, make sure you don't turn off the heater altogether. Set it at a low 55 degrees F and open up the cabinets that have pipes exposed. This way, air will circulate, and it won't get too cold to allow the pipes to burst. Have a neighbor turn your faucets to a trickle if below-freezing weather is expected.

- Wrap the metal collar of your paintbrush with masking tape before

continued on page 30B

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PETS OF THE WEEK

Lee County Domestic Animal Services
Frida And Kole

Hello, my name is Frida. I am a black and tan 4-year-old female German shepherd. I am a petite shepherd weighing in the 50-pound range, which makes me a great fit for any family. I prefer a home with bigger dogs as playmates rather than small dogs or cats. I have the best head tilt when I am curious about anything including when you talk to me. My adoption fee is \$14.



Frida ID# A882452
photos provided

will draw you in just enough to get you to fall in love with my personality. I am a spunky boy that has a zest for life and loves adventure. Whether I find myself alone with toys in the cat room or with a feline friend, I will keep myself amused. My adoption fee is \$14.



Kole ID# A906864

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.

From page 29B
Now Here’s A Tip
painting. Then you can peel it off and there’s no stuck-on paint.

STRANGE BUT TRUE

- Rapper Snoop Dogg tried to rent the country of Lichtenstein for a music video, but was rejected.
- The Vatican has its own telescope staffed by priests, and has even received awards for the pursuit of scientific research.
- Until they are large enough to sleep upright, baby owls sleep on their stomachs because their heads are too heavy.
- Actual corpses were on the set and going to be used during the filming of *Apocalypse Now*. However, the man who supplied them turned out to be a grave robber and was arrested.
- Oceans around the world contain about 20 million tons of gold in the water itself, worth hundreds of trillions of dollars at current prices.
- In 1997, Motley Crue created a soda called “Motley Brue” to help promote their new album “Generation Swine.” For additional fun, they added enough blue dye to turn the drinker’s urine green.
- Walt Disney accidentally “kidnapped” Richard Nixon by dispatching his monorail train before the Secret Service could

- get on.
- When added together, the numbers on a roulette wheel add up to 666.
 - M&Ms were created so military soldiers could enjoy heat-resistant and easily transportable chocolate during war.
 - If your arm or hand falls asleep, try rocking your head from side to side. This will release the pressure on the nerves in your neck and wake up the limb.
 - In 2003, PepsiCo offered Estonia \$25 million dollars to change the spelling of one of its lakes, Lake Peipsi, to Lake Pepsi, but was turned down.
 - A man legally named Santa Claus was elected to the city council in North Pole, Alaska.

THOUGHT FOR THE DAY

“I cannot believe the path to victory lies in staining our souls so black we become indistinguishable from those we fight.”
– Anthony Ryan

TRIVIA TEST

1. **History:** When did the first Winter Olympics take place?
2. **Psychology:** What is the extreme fear represented by a condition called ophidiophobia?
3. **Ad Slogans:** Which company featured this advertising campaign in the mid-1980s: “Quality never goes out of style”?

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2/18 ★ 2/25

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1/21 ★ TFN

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GARAGE SALE

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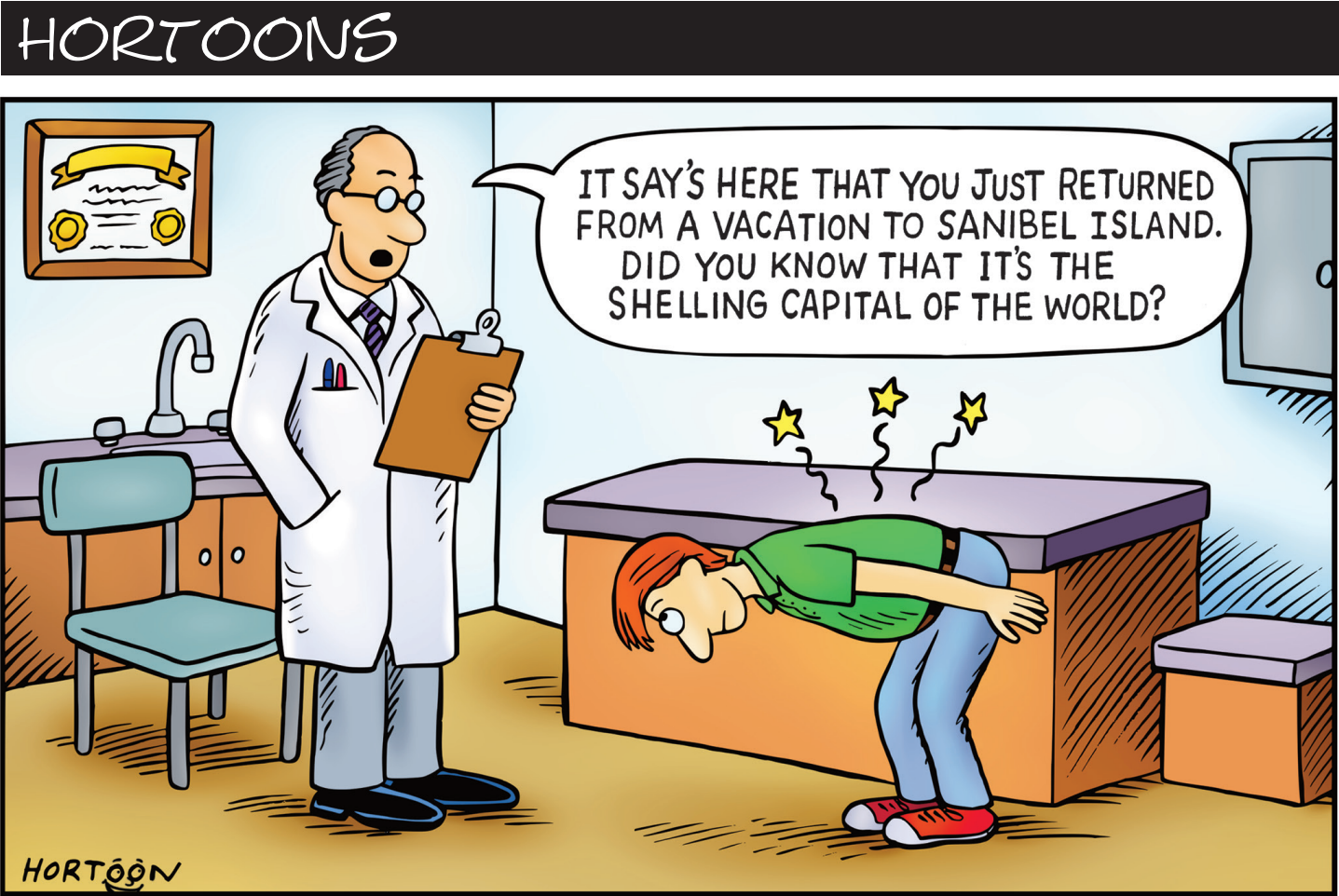
- 4. **Literature:** Which 19th-century novel begins with the line, "Whether I shall turn out to be the hero of my own life, or whether that station will be held by anybody else, these pages must show"?
- 5. **Movies:** Where were the park bench scenes from *Forrest Gump* filmed?
- 6. **Anatomy:** What is the common name for the orbit in human anatomy?
- 7. **Measurements:** What does a hygrometer measure?
- 8. **U.S. States:** In which state was the movie *Children of the Corn* filmed?
- 9. **Language:** What does "fair dinkum" mean in Australian English?
- 10. **Science:** What is the common name for nitrous oxide?

TRIVIA ANSWERS

- 9. Unquestionably good
- 10. Laughing gas
- Eye socket
- 7. Humidity
- 8. Iowa
- Chipewawa Square, Savannah, Georgia
- 6. snakes
- 3. Levi's
- 4. *David Copperfield*
- 5. 1. 1924, Chamonix, France
- 2. Fear of

SCRAMBLERS ANSWER

1. Inward 2. meager
3. Caress; 4. Outside
Today's Word
ACTING



PUZZLE ANSWERS

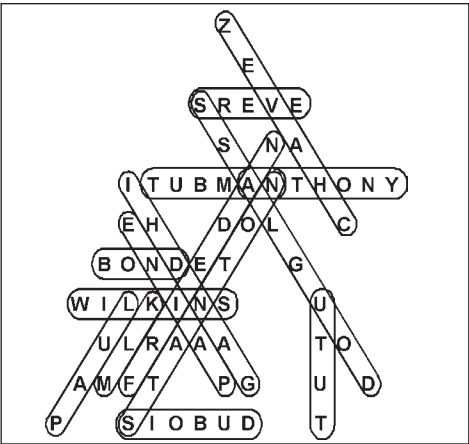
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B	O	W	L	E	S	A	C	C	E	P	T	E	D	W	H	I	S	K
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T	R	A	C	E	G	L	O	S	S	A	R	Y	F	L	A	B	B	Y

KING CROSSWORD

A	O	K		C	A	A	N		S	C	O	W	
S	L	O		A	G	R	A		T	I	D	E	
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MAGIC MAZE



SUDOKU

8	1	2	3	7	6	4	9	5
3	7	5	2	4	9	8	6	1
9	4	6	1	8	5	2	3	7
2	6	4	9	3	7	5	1	8
5	3	8	6	2	1	7	4	9
1	9	7	4	5	8	3	2	6
6	5	3	8	1	2	9	7	4
7	2	9	5	6	4	1	8	3
4	8	1	7	9	3	6	5	2

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
McPhie Park	Fort Myers Beach	1935	1,020	\$3,924,000	\$3,550,000	9
Cape Coral	Cape Coral	2006	4,479	\$3,200,000	\$3,100,000	28
Grand Ole Man	Fort Myers Beach	1988	2,544	\$3,300,000	\$2,600,000	62
Winklers Subdivision	Fort Myers Beach	1948	1,516	\$2,500,000	\$2,500,000	0
Useppa Island	Useppa Island	1978	4,300	\$2,650,000	\$2,375,000	189
Cape Coral	Cape Coral	1961	4,071	\$2,475,000	\$2,365,000	49
Cape Coral	Cape Coral	1995	2,461	\$1,899,999	\$1,850,000	69
Burtwood	Fort Myers	2006	5,207	\$1,785,000	\$1,785,000	94
Sanibel Estates	Sanibel	1971	2,768	\$1,895,000	\$1,750,000	63
Sanibel Bayous	Sanibel	2005	2,189	\$1,725,000	\$1,725,000	7

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